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**EXHIBITION**  
**PARK**  
**FRI 12-9**  
**SAT 10-8**  
**SUN 10-5**  
**3 SHOWS 1 TICKET**

## Group wants to 'daylight' Sawmill River

Project would bring river back above ground **PAGE 8**

## Did Magnotta think gov't was out to kill him?

Psychiatrist testifies in dismemberment case **PAGE 10**

## 'HUMBLE COMEDY LEGEND' TALKS TRAGEDY, TOO

MARTIN SHORT'S NEW BOOK, I MUST SAY, TACKLES LIFE'S SURPRISING TURNS, GOOD AND BAD **PAGE 15**

# 'We never learned to get along with people,' says veteran



A member of the Canadian Armed Forces pins his poppy to a cross during Remembrance Day ceremonies at Grand Parade in Halifax on Tuesday. For more Remembrance Day coverage, see pages 3, 4, 6 and 11. JEFF HARPER/METRO

## Remembrance Day.

Veterans weigh in on modern conflicts, whether Canada will ever see a day with no fighting

Applause broke out among the huge crowd in Grand Parade as Donald James walked forward with a cane to stand at attention in front of the Cenotaph in downtown Halifax, giving a salute before placing a wreath on the stone monument.

This Remembrance Day ceremony marked the 100th anniversary of the beginning of the First World War in 1914, and James said it's unfortunate our country and others around the world still go to armed conflicts. "We never learned to get along with people, I don't think, properly," the 89-year-old veteran said after the ceremony. "There's always some-one fighting."

## Quoted

**"Everything I had, I gave up. And I'd do it again."**

WWII veteran Gerry MacDonald

James said he joined the Royal Canadian Navy in 1942 and was in a convoy running ships across the ocean during the Second World War, then later took a machinist course and joined the air force during the Korean War.

When thinking about whether there will ever be a time when Canadians and other nations don't go to war, James said one "would hope so."

Compared to when he fought decades ago, James said, a lot of recent "trouble" began when tactics shifted to bombers going into crowded places with explosives.

"We were face to face with people. (With) these people, everything's hidden, you don't know who's going to come with

a backpack on and blow you up," James said, mentioning the blast in Nigeria on Monday where a suicide bomber killed dozens at a school.

Veteran Gerry MacDonald, 92, sat a few seats down from James and said he landed on the beaches of Normandy on D-Day during the Second World War. Although many stopped to shake his hand, MacDonald said Nov. 11 is a time to think of the ones who didn't come home.

"My brother got killed," MacDonald said. "Bombed, ripped apart, and he's my hero, not me. People like him."

While MacDonald said there will always be people going to war, because "it's meant to be that way," Dalhousie University student Coel Ediger hopes Remembrance Day serves as a reminder to work towards peaceful resolutions to conflict.

"Remember and think about how we can stop things like that from happening again," she said.

HALEY RYAN/METRO



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A member of the Canadian Armed Forces is surrounded by a huge crowd for this year's Remembrance Day ceremony at Grand Parade on Tuesday. JEFF HARPER/METRO

# 'It's one way that we can say thank you to them'

## Grand Parade.

Thousands gather in Halifax for Remembrance Day



HALEY RYAN

haley.ryan@metronews.ca

The cannon on Citadel Hill rang out at 11:11 a.m. Tuesday, as thousands of people in Grand Parade shaded their eyes from the sun and watched six white doves be released

from their cage and soar into the sky.

A huge crowd gathered in front of the Cenotaph in downtown Halifax for the annual Remembrance Day ceremony, which began when dozens of service men and women marched into the square alongside RCMP and law enforcement officers in time with the Stadacona Band.

Master of ceremonies Jay Tofflemire said it was wonderful to see such a large turnout on a beautiful, sunny day and invited everyone to come up after the ceremony to place

## Quoted

"It's unifying."

Remembrance Day ceremony participant Alex Cross

their poppy on one of four white Styrofoam crosses that will remain there for the next four or five days.

Participant Alex Cross said while it's always important to attend the ceremony, this year feels a little different after the killing of soldiers in Ottawa and Quebec, and three Moun-

ties in Moncton.

"It's just very close to home," Cross said. "I think it's really important just to take a little bit of time to think about it. It's often kind of lost in the hustle and bustle of your life."

After the moment of silence at 11 a.m., the 21-gun salute began from the Citadel where the cannon could be heard booming over the square at one-minute intervals.

Bob Noakes, who served in the navy like his father, brother and grandfather, said the large crowds were nice to see.

"You forget about history,

you're doomed to repeat it, and that seems to be quite common in certain parts of the world," Noakes said. "This is a nice way to keep alive the idea that there's a sacrifice involved in keeping what we have."

Heather Clark's father served in the Second World War and she said it's important for her to come every year and honour him as well as all men and women in uniform.

"It's one way that we can say thank you to them," Clark said. "It makes you feel kind of proud that so many people feel sort of the same way you do."

1 NEWS



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Here's a look back in photos at the Remembrance Day Ceremony in Halifax's Grand Parade on Tuesday.

JEFF HARPER  
jeff.harper@metronews.ca



## 1 Doves. Let loose

Trevor Tracey, left, and Bill Mont release doves at 11:11 a.m. as part of Remembrance Day ceremonies.

## 2 Vet. To service

Veteran Gerry MacDonald salutes.



## 3



## 4

# Halifax stops to honour veterans



## 5



## 6

## 3 Flag Party. March on

Members of the Flag Party enter Grand Parade to start Remembrance Day ceremonies.

## 4 Military. Stepping up

Members of the Canadian military lay wreaths.

## 5 War Amps. Representing

Veteran Aubrey McLean lays a wreath on behalf of the War Amps.

## 6 Poppies. Crowd joins in

Crowd members add their poppies to crosses at Grand Parade after the ceremony.





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# Remembrance Day make-up class upsets Dartmouth student

**In the classroom.**  
Student felt teacher was disrespecting holiday

**BRAEDON CLARK**  
halifax@metronews.ca

A chemistry teacher at Prince Andrew High School

in Dartmouth has angered at least one family by scheduling a make-up class for time lost due to Remembrance Day.

The make-up class is scheduled for Wednesday at lunch.

Shawn McGrath said his 16-year-old daughter told him that the teacher seemed to suggest Remembrance Day wasn't a good enough reason to miss class.

"I just thought that was disrespectful," McGrath said. "I wanted it noted that that wasn't OK."

A Halifax Regional School Board spokesperson said the International Baccalaureate program, of which McGrath's daughter is a part, doesn't recognize Remembrance Day as a holiday.

"There was never any offence meant," said Doug

## Quoted

**"I'm satisfied. I just wanted our voices to be heard."**

Parent Shawn McGrath

Hadley. "The teacher thought she'd been very clear with the students that it wasn't ... disrespecting Remembrance Day."

The demands of the IB program also mean that students often have to make up classes that students in the regular program do not.

"Any time there is a school holiday or a snow day or anything like that they have to get those hours in," Hadley said.

"The teachers will often have classes at lunch or pull the students out of other classes so they can get their

time in."

McGrath said he has spoken to school administrators and is generally satisfied with the response.

"My daughter doesn't want to get her teacher in trouble or anything like that," he said. "She's a sea cadet and her stepfather served two years in Afghanistan, so she just wants the proper amount of respect shown for the holiday."

## 11 degrees on the 11th day of the 11th month

A man and his dog enjoy a walk up Citadel Hill under clear skies on Tuesday. Temperatures reached 11 C yesterday with rain in the forecast for Wednesday.

JEFF HARPER/METRO



## Information sought

### Daycare targeted by vandals in Beechville: Police

Police in HRM are looking for information about three separate cases of a daycare being damaged by pellet guns.

According to a release, Tantallon RCMP have received three reports of damage to the daycare, which is currently under construction at 1352 St. Margaret Bay's Road, since Nov. 1.

In each incident, a pellet or BB gun was fired at the building, hitting three windows and causing "extensive damage."

The release states that the outer panels of glass on three rear-facing

windows were damaged in each case.

Anyone with information is asked to contact Halifax RCMP, local police or Crime Stoppers.

METRO

## South end

### Woman injured in crosswalk collision

Halifax police say a 26-year-old woman has been hospitalized after a car-pedestrian collision in the city's south end.

According to a release, the accident happened at Sackville and South Park streets on Tuesday evening.

Police responded to the scene at 6:42 p.m., where a car travelling on Sackville Street stopped at a red

## In numbers

# 68

A 68-year-old man received a summary offence ticket for failing to yield to a pedestrian in a crosswalk.

light and then made a right turn onto South Park Street.

The car hit a pedestrian in the marked crosswalk on South Park Street.

A 26-year-old woman was taken to hospital with minor injuries.

A 68-year-old man received a summary offence ticket for failing to yield to a pedestrian in a crosswalk. METRO



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# Rage against the dying of the lighthouse

**Sambro Island.** Local MP adds to outcry over deterioration of icon

**BRAEDON CLARK**  
halifax@metronews.ca

The MP for Halifax has joined veterans and heritage advocates calling for Parks Canada

to assume ownership of one of Nova Scotia's most iconic landmarks: the Sambro Island Lighthouse.

The oldest surviving lighthouse in North America was completed in 1759 but has deteriorated in recent years.

"The inside of the building needs to be completely redone," said Sue Paul of the Sambro Island Lighthouse Heritage Society during a news

conference at the Maritime Museum of the Atlantic on Monday. "There is absolutely no upkeep or maintenance of the lighthouse at this time."

The lighthouse's original lens was the backdrop for the event, at which NDP MP Megan Leslie explained her plans for a bill to add the Sambro Island Lighthouse to the list of designated heritage lighthouses.

"These lights are in our

hearts and history as Canadians," Leslie said.

The lighthouse was also remembered as a symbol for those in the military.

"It was the last thing we saw when we left and the first thing we saw when we got back home," said Earl Corn, a Navy veteran.

The society is also seeking to eventually establish the island as a tourist destination.



From left, Earl Corn, NDP MP Megan Leslie and George Zwaagstra speak Monday about preserving the lighthouse. BRAEDON CLARK/FOR METRO

## Hammonds Plains

### Cops hunting for person or persons who cut oil line

Halifax District RCMP are investigating a cut oil line that caused a large spill of furnace oil in Hammonds Plains.

The spill occurred at a home on Kata Court.

According to a release from RCMP, officers responded to a report of

mischief or property damage on Nov. 9.

Investigators found that an unknown person or persons had cut a fuel line carrying furnace oil from an exterior tank to the furnace inside a home.

It's believed the crime took place sometime between the late afternoon of Nov. 6 and just before lunch on Nov. 9.

A specialized cleanup company is dealing with the spill.

**METRO**

## Hit-and-run. Woman surrenders to police after release of video evidence

Halifax Regional Police say a woman has turned herself in over a collision that happened in September.

Officers responded to a report of damage to an unoccupied car at Brenton Street and Brenton Place on Sept. 28, according to a release.

While canvassing for witnesses, police were provided with surveillance video that showed a woman getting into a Jeep Wrangler around 5 p.m. and backing into the empty vehicle, damaging the hood.

The woman then drove

away.

Police released pictures taken from the surveillance video on Nov. 5.

In an update issued Nov. 10, police said a 38-year-old Halifax woman came to police headquarters on Nov. 7 and told officers she was the driver involved in the collision.

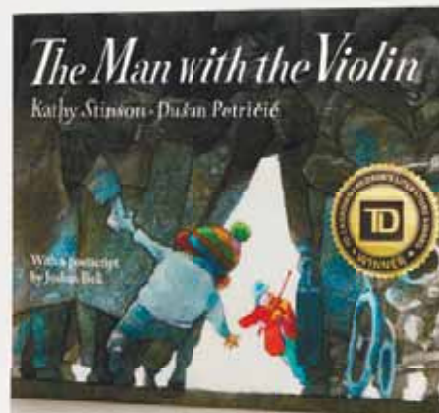
The woman was issued a summary offence ticket for "failing to take reasonable steps to locate and notify the owner of an unattended vehicle damaged in an accident."

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Police released this surveillance image on Nov. 5. CONTRIBUTED

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# Why not exhume the Sawmill River?

**'Daylighting.'** Group keen on bringing Dartmouth's Sawmill River above ground

**BRAEDON CLARK**  
halifax@metronews.ca

The Sawmill River in Dartmouth connects Sullivan's Pond to Halifax Harbour, but you'd be hard-pressed to know it.

Much of the river was diverted into an underground culvert in the 1970s, making memories of strolling along its banks the purview of the middle-aged and older.

Currently, the vast majority of the river is underground, carried through a culvert that is set to be replaced with a new, bigger one next year.

To the people running the Ecology Action Centre and the Sackville Rivers Association, that construction project presents an opportunity to "daylight" the river, or bring some of it back above ground.

"We still need the bigger pipe, because Dartmouth is growing," said Kate Watson, who wrote a post on her popular blog, Hello Dartmouth, about the topic. "The idea is to divert part of the flow, maybe 10 per cent, above ground."

According to Watson and the interested organizations, moving part of the river above ground would have many benefits, including providing breeding grounds for fish and beautifying downtown Dartmouth.

"If enough of us speak up, we can encourage Halifax



Dartmouth resident and writer Kate Watson stands on a bridge over the Sawmill River in Dartmouth on Tuesday. She is part of a group trying to bring to daylight a stretch of the river that currently runs underneath downtown Dartmouth.

JEFF HARPER/METRO

## Memories

**"People remember the river from their childhoods, and we want to bring it back."**

Kate Watson

Water and HRM to daylight the river and restore fish passage for migratory fish like trout, salmon, eels and gas-

pereaux from our freshwater lakes to the Halifax Harbour," reads a statement on the Ecology Action Centre's website.

"It would be truly amazing," Watson said in an interview Tuesday. "I could see it drawing attention to Dartmouth in the same way that the new library on Spring Garden Road has brought attention to Halifax."

Representatives from the Ecology Action Centre and the

Sackville Rivers Association will be making a presentation to the city's five-member community council on Thursday.

According to Watson, city Coun. Gloria McCluskey, whose district includes the river, has expressed support for the daylighting proposal.

"For council to even ask for a staff report on this is a good sign," Watson said. "We need to show that people want to make this happen."

# Mad doctor sought in truck theft

Halifax Regional Police are hoping video evidence will help find a man who, dressed in scrubs and sporting a surgical face mask dangling from his neck, stole a burger-shop delivery truck, ran it into a minivan and a curb and then walked away in the early hours of Halloween day.

Just after 4 a.m. on Oct. 31, police say he jumped into the empty cab of a Harvey's truck making a delivery on Kempt Road. As he drove out of the

lot, the truck hit a minivan without injuring the driver.

A release states that the truck was found abandoned at the intersection of Jubilee Road and Chestnut Street less than two hours later.

A witness described seeing the perpetrator on foot with a woman, but police were unable to locate either person.

The man is described as white, in his 20s, five feet nine inches tall, with long, light-brown hair. He was also

carrying a skateboard.

Given his outfit, police suspect he may have been at a Halloween party earlier in the night.

Halifax police have posted two videos on YouTube of the man driving the vehicle, hitting the minivan and later a curb in the south end of the city. The videos were shot from inside and outside the vehicle by the truck's own surveillance cameras.

BRAEDON CLARK/FOR METRO



A screengrab from the truck's surveillance video. CONTRIBUTED



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# Magnotta said he thought Jun Lin was a government agent, psychiatrist testifies

## Murder trial.

Magnotta has admitted to killing Jun Lin, but pleaded not guilty by way of mental disorder

Luka Rocco Magnotta believed Jun Lin was a Canadian government agent sent to kill him the night the Chinese student was slain and dismembered, a psychiatrist testified Tuesday.

Magnotta's version of events was given earlier this year to Marie-Fredérique Allard, who assessed him for criminal responsibility.

Her report is central to the defence case in light of the various charges Magnotta faces related to Lin's slaying.

Magnotta, 32, has admitted to killing Lin in May 2012 but has pleaded not guilty by way of mental disorder.

While police were never able to determine how the two



Luka Rocco Magnotta  
THE CANADIAN PRESS

men met, Allard said Magnotta told her it occurred after he placed an advertisement on Craigslist seeking a bondage partner. Lin replied to the ad and they met in person briefly for the first time before walking several blocks to Magnotta's apartment.

Allard said Magnotta told them they drank wine and had sex. Magnotta was the first to be tied up, but complained Lin was going too fast and was hurting him.

The jury then heard from Allard that Magnotta became

anxious and took some sleep medication, with Lin asking for some. Magnotta said he thought he saw a black car parked outside his building and became paranoid about a government conspiracy involving Lin, Allard testified.

Allard said Magnotta began hearing voices telling him to tie up Lin and to "cut it." Subsequently, Lin had his throat cut.

In earlier testimony, Allard said Magnotta told her that an email he sent a British tabloid foretelling the murder of a human being was meant only as a threat to a journalist who'd ambushed him. The Crown contends the communication to the London Sun suggests Magnotta was planning a slaying up to six months in advance of Lin's killing.

Allard, a forensic psychiatrist, has said she believes Magnotta was suffering from schizophrenia and was in a psychosis when he killed Lin.

THE CANADIAN PRESS



## Conrad Black puts out new book on Canada

Conrad Black poses at the University Club in Toronto on Tuesday. Black may be known for his very public and dramatic renunciation of his Canadian citizenship, but he doesn't believe that should be counted against his new 1,020-page book, *Rise to Greatness: The History of Canada from the Vikings to the Present*. DARREN CALABRESE/THE CANADIAN PRESS

### Criminal complaint filed

## Canadian sought sex with boys after near-death experience, U.S. agent says

A Quebec man charged in an American sting cited a near-death experience for wanting

to live out his "perv" fantasy of having sex with a boy, an American special agent alleges in court documents.

In an unproven criminal complaint filed in court in Florida this week, Vanessa Blanco, a special agent with the U.S. Department of Homeland Security, alleges Rene Roberge confessed to flying

to the U.S. to have sex with a 14-year-old boy.

Roberge, 47, was arrested Sunday at the Fort Lauderdale Hollywood airport. He was charged with coercion and enticement of a minor to engage in sexual activity and travelling with intent to engage in illicit sexual conduct.

THE CANADIAN PRESS

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Canada remembers



**1 Vancouver.** A glimpse of heroes  
A young girl watches a Remembrance Day ceremony in Vancouver on Tuesday. **DARRYL DYCK/THE CANADIAN PRESS**

**2 Winnipeg.** Saluting the fallen  
Winnipeg police Chief Devon Clunis salutes after laying a wreath at a service. **SHANE GIBSON/METRO IN WINNIPEG**

**3 Toronto.** A moment of silence  
Torontonians gathered in remembrance at the Old City Hall Cenotaph. **DAVID COOPER/TORSTAR NEWS SERVICE**

**4 Quebec City.** A sorrowful sound  
Canadian Army Maj. Michael Morin plays the bagpipes during a ceremony at the Cenotaph in Quebec City. **JACQUES BOISSINOT/THE CANADIAN PRESS**

**5 Edmonton.** Tears for the lost  
Phil Post cries as he pays his respects to his friend, a soldier he served with, at Beechmount Cemetery in Edmonton. **JASON FRANSON/THE CANADIAN PRESS**



People place poppies at the Tomb of the Unknown Soldier following the Remembrance Day ceremony at the National War Memorial in Ottawa on Tuesday. **JUSTIN TANG/THE CANADIAN PRESS**

# 50,000 gather in Ottawa to honour Canada's vets

## Remembrance Day.

Huge crowd salutes Cpl. Nathan Cirillo, Warrant Officer Patrice Vincent and all of nation's heroes

## Quoted

**"We have had sombre occasion in past weeks to ponder our identity as the very symbols of our peace and freedom were violated."**

Gov. Gen. David Johnston, during a ceremony at the National War Memorial on Tuesday

It was a Remembrance Day like no other for many Canadians.

Tens of thousands of people gathered at the National War Memorial in Ottawa on Tuesday, where on Oct. 22 Cpl. Nathan Cirillo was murdered by a gunman who then attacked Parliament — an assault that followed a fatal attack on Warrant Officer Patrice Vincent in Quebec two days before.

As Gov. Gen. David Johnston re-dedicated the National War Memorial, which now recognizes the mission in Afghanistan and the South Af-

rican War, he paid tribute to Vincent and Cirillo, and to the many others who died and are represented by the Unknown Soldier.

"We will stand on guard for him and for them, as did Nathan Cirillo, who takes his place among them," Johnston told the crowd. "We will strive for peace and for freedom, as did Patrice Vincent, who joins them also."

The crowd was also there to honour living veterans like Ret. Sgt. Roly Armitage.

Sitting in the front row with his partner, Connie Bertrand,

the Second World War veteran was thinking of Canada's two most recent losses and of his comrades from long ago.

"These two boys who have been killed in the last couple weeks, they were in uniform — they have to be prepared for that sort of thing," he said. "It's a sad, sad situation."

Armitage, 89, was a range finder with the Royal Canadian Artillery. He said he had to come to the ceremony because remembering his comrades provides him a sense of healing.

"It (makes me) feel better

that I remember those guys. They're closer than your brothers. We were together all that time and we depended on each other," he said.

Remembrance Day usually attracts around 35,000 to downtown Ottawa, but police estimate this year's crowd to be about 50,000 people.

Dorothy Goubault shouted "Thank you!" to veterans as they marched past Princess Anne, Prime Minister Stephen Harper and other dignitaries. She started coming to Remembrance Day ceremonies in 1970 at age 18.

"When I started coming out to this right after getting out of high school, there was hardly anyone who came out," she said. "Because we have such a wonderful country, more and more people are starting to appreciate what we do have."

**JOE LOFARO/METRO IN OTTAWA**

## 'Canada's firm resolve' shown in strike against ISIL

Canada has struck another blow against the Islamic State of Iraq and the Levant (ISIL), the Department of National Defence said Tuesday, as Canadians gathered in cities and towns across the country to mark Remembrance Day.

A CF-18 fighter-bomber used a laser-guided bomb to hit an artillery position Tuesday near the city of Bayji, north of

Tikrit, Iraq, said Johanna Quinney, a spokeswoman for Defence Minister Rob Nicholson.

U.S. and coalition jets have been pounding the area in recent weeks, destroying bunkers, vehicles and at least one anti-aircraft gun in recent days.

In a statement, Nicholson acknowledged the fact that the strike took place on Remembrance Day as he thanked the

military personnel taking part in Canada's combat mission against ISIL.

"I commend the nearly 600 men and women in uniform for their tremendous work today in the international fight to degrade ISIL," Nicholson said.

"This strike demonstrates Canada's firm resolve to tackle the threat of terrorism and

stand with our allies against ISIL's atrocities against innocent women, children and men."

Just over a week ago, Canadian bombs destroyed construction equipment that ISIL was using to develop defensive positions near Fallujah — the only other successful strike as yet acknowledged by National Defence. **THE CANADIAN PRESS**



## 'That is not usual.' Deaths uncommon in sterilization program: Medical officer

Eight Indian women have died and 20 others were in critical condition Tuesday after undergoing sterilization surgeries in a free government-run program to help slow the country's population growth.

A total of 83 women, all poor villagers under the age of 32, had the operations Saturday in a hospital outside Bilaspur city in the central state of Chhattisgarh. All 83 surgeries were conducted within six hours, and each woman received a payment of 600 rupees, said the state's chief medical officer, Dr. S.K. Mandal.

"That is not usual," he said, but declined to comment further on what might have gone wrong until autopsies are conducted on the victims.

A federal Health Ministry spokeswoman declined comment on whether the government has set sterilization quotas, while activists blame the quotas for leading health authorities to pressure women into surgery rather than opt for contraception.

India's government has been long concerned about the rapid growth of its population, which has reached 1.3 billion people. The country has the highest rate of sterilizations among women at 37 per cent, sitting ahead of China at 29 per cent.

THE ASSOCIATED PRESS



Indian women who underwent sterilization surgeries receive treatment at the CIMS hospital in Bilaspur, in the central Indian state of Chhattisgarh, on Tuesday. THE ASSOCIATED PRESS

### Tricky landing

## Space agency prepares for probing mission

How do you land a spacecraft on a comet that is streaking by at 66,000 kilometres-per-hour? That's a problem scientists have been grappling with for more than a decade as they prepare for one of the most audacious space

adventures ever — the European Space Agency's attempt to land a scientific probe on the giant ball of ice and dust known as 67P/Churyumov-Gerasimenko.

They'll find out Wednesday whether their plan will work when the agency's mission control centre in Darmstadt, Germany, gives its unmanned Rosetta space probe the final go-ahead to drop a lander on the comet.

THE ASSOCIATED PRESS

# South Korean ferry captain gets 36 years

## More than 300 dead.

Captain Lee Joon-seok acquitted of homicide charge, found guilty of negligence and abandoning passengers in crisis

Enraged parents wept and screamed as a judge sentenced a South Korean ferry captain to 36 years in prison Tuesday for negligence and abandoning passengers when his ship sank earlier this year, killing more than 300 people, mostly high school students.

The highly anticipated verdict came on the same day officials called off searches for the final nine victims and reflects the continuing grief and finger-pointing over one of the worst disasters in South Korean history.

Victims' relatives immediately criticized the sentences for captain Lee Joon-seok and 14 other crew members as too lenient. Lee was acquitted of a homicide charge, which could have carried a death sentence, because the court said there wasn't proof that he knew his actions would cause such a massive loss of life.

"Do you know how many children are dead?" one relative shouted out during the sentencing, according to Kook Joung-don, a lawyer for the relatives. "This isn't right," another screamed.

Most of the ferry passengers were teenagers taking a school trip to a southern island, and many student



Ferry captain Lee Joon-seok YONHAP, HYUNG MIN-WOO/THE ASSOCIATED PRESS

### Quoted

"Do you know how many children are dead?"

An unnamed family member of one of the dead children shouts out during the sentencing hearing for ferry captain Lee Joon-seok.

survivors have said they were repeatedly ordered over a loudspeaker to stay on the sinking ship and that they didn't remember any evacuation order being given before they helped each other flee the vessel.

Lee has said he issued an evacuation order. But he told reporters days after his arrest that he withheld the evacuation order because rescuers had yet to arrive and he feared for the passengers' safety in the cold, swift waters.

An official from the Justice Ministry, who requested anonymity because of office rules,



Relatives of the victims of the sunken ferry Sewol cry at a gym on South Korea's southwestern island of Jindo on Tuesday, where they have been staying since the April 16 sinking. YONHAP, PARK CHUL-HONG/THE ASSOCIATED PRESS

said Lee, 69, will technically be eligible for parole after serving one-third of his prison sentence.

Nearly seven months after the sinking, 295 bodies have

been recovered but nine are missing. Officials said Tuesday they've ended searches because there was only a remote chance of finding more bodies. THE ASSOCIATED PRESS

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Haters gonna hate, hate ...

## Spotify CEO tries to Shake Off haters

Spotify's Swedish CEO voiced disappointment Tuesday that Taylor Swift pulled her music off the popular music streaming service, denying claims it's making money "on the backs of artists."

Daniel Ek defended the service in a blog post, saying he had co-founded the platform to protect artists from piracy and had paid more than \$2 billion US to music labels and publishers since 2008.

In the post Ek said that piracy doesn't pay artists a penny, "nothing, zilch, zero," while Spotify's payouts for a top artist like Swift were on track "to exceed \$6 million a year."

Artists complain that music streaming services and file sharing have sharply cut into album sales and that the fees Spotify pays to record labels and music publishers, with a portion eventually funneled to musicians, is too small.

THE ASSOCIATED PRESS

Market Minute



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All other markets closed for Remembrance Day.

# Would increased regulation really kill Internet innovation?

**America.** Obama aims to impose new rules on high-speed Internet service providers, but industry leaders warn that would stifle progress

Let's say President Barack Obama gets his way and high-speed Internet service providers are governed by the same U.S. regulations imposed on telephone companies 80 years ago.

Depending on whom you listen to, the rules could unleash future innovation and create jobs — or stifle innovation and kill jobs. The divisive and often confusing debate has intensified now that Obama has entered the fray.

Obama's stance is meant to protect "net neutrality," the concept that everyone with an Internet connection should have equal access to all legal content online. The idea served as one of the Internet's building blocks, but its fate has been in limbo since January, when a court ruling invalidated Federal Communications Commission guidelines designed to treat all online traffic equally.

The FCC has already been working on a new regulatory framework and is under

no legal obligation to heed Obama's call. Nevertheless, Obama's opinion turns up the political heat on FCC chairman Tom Wheeler and the four other commissioners who will make the final decision. The FCC isn't under a deadline to make a decision.

Obama believes the adoption of these Depression-era rules are the best way to preserve a "free and open" Internet that gives everyone in the U.S. the same access to any website hosting legal content, including video, music, photos, social networks, email and maps.

Adopting these rules would empower the U.S. government to prevent powerful online service providers such as Comcast, Verizon and Time Warner Cable from control-

ling Internet traffic in a way that suits their own financial interests. This premise assumes the service providers, if left unchecked, will create a two-tier system that funnels Internet traffic into fast and slow lanes. Only the richest companies will be able to pay the extra tolls to ensure their online content is accessible through these fast lanes, according to this hypothesis.

"It is historically important that the Internet enhances freedom for all rather than profit for a few," says Ed Black, president of the Computer & Communications Industry Association, a trade group that represents many technology companies, including Internet search leader Google Inc. and social networking leader Facebook Inc. THE ASSOCIATED PRESS

Against regulation

If the U.S. government becomes the Internet's traffic cop, service providers could lose incentive to continue investing in projects that improve their networks and expand into areas that have little or no high-speed access.

- This would lead to less innovation and threaten millions of jobs, according

to cable and telecommunications companies spearheading the argument for little or no regulation.

- Adopting Obama's approach "would threaten millions of jobs and a diverse array of stakeholders," warned Broadband for America, an industry trade group.



## Baby got (green) back

Jessica Asmar, owner of Feel Foxy, adjusts padded panties on a mannequin in the studio at her Katy, Texas, warehouse. Asmar says 2014 has been its best year since launching nearly a decade ago. Sales are up 40 per cent from a year ago. The U.S. booty business is getting a big bump, with companies cashing in on growing demand from women seeking the more curvaceous figures of their favourite stars, who flaunt their fuller rear ends. Nicki Minaj, for instance, raps about her "big fat" butt in Anaconda. Reality star Kim Kardashian posts photos of hers on Instagram. PAT SULLIVAN/THE ASSOCIATED PRESS

## Tibetan monks. Detach ... from email attachments

Buffeted by persistent cyberattacks, Tibetan monks are giving new meaning to their ancient creed: Detach from attachments.

"Attachment can lead you to all sort of trouble and we Buddhists believe that non-attachment alone can lead you to

happiness," 30-year-old monk Jamyang Palden told The Associated Press at a café in the Indian hill town of Dharamsala, before giving the philosophy its Information Age twist: "We have to learn to be suspicious of email attachments."

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# COUNTRY AS GRASSROOTS AS ASTROTURF

What exactly is "country" music?

The reason I ask is that I watched the Country Music Awards the other night and whatever it was they were celebrating, it's a long way from Hank Williams, Hank Snow and all them other down-home Hanks.

I'm not sure most of the performers could find the country even with a GPS. It must be that green stuff they fly over when they're going to L.A., the current home of country music.

Of course, we've come to expect that Mamon trumps the Muse when it comes to award shows, but even the Grammys have more creative edge than the CMAs. At this year's Grammys, Sia sang her No. 1 hit Chandelier facing the wall, and never once looked into the camera. Maybe it was a protest against the homogenization of country.

Exhibit A: Carrie Underwood, country's ruling diva. With your eyes closed, I defy you to tell her from Celine Dion. Even with



**JUST SAYIN'**  
**Paul Sullivan**  
metronews.ca

your eyes open, Carrie's an homage to Celine: a festival of over-the-top chest pounding, fists in the air, hair-blowing-in-the-wind-machine.

I guess you could argue that Las Vegas is in the country. And the fountain in front of the Bellagio, that's the ol' swimming hole.

Then there's the Country Group of the Year, Little Big Town. Lovely harmonies, but danged if they don't look and act like Abba with a slight twang. Is that Swedish?

Or how about Keith Urban? Of course, Keith is from Australia, where country is called the outback. He should be at the OMAs, the Outback Music Awards, held annually at Ayers Rock.

For most male country singers, the big decision seems to be "Hat? No hat?" The new generation of country music singers, e.g. the Florida Georgia Line boys or Luke Bryan, forgo the cowboy hat altogether, leaving it to their older brothers like Jason Aldean or Tim McGraw.

The size of the hat seems important. Garth Brooks, the Eminem of country music, made a rare cameo appearance at the CMAs, and Garth made sure there was no doubt about who's got the biggest hat. His was at least 10 gallons, er, 37.8541178 litres.

My wife's theory is that it depends on how much hair they have. Garth Brooks is follicularly challenged. Keith Urban has reliable hair even if he is from Oz.

If there's any doubt that what goes as country music today is as grassroots as AstroTurf, every once in a while, a real country music star wanders out onto the stage. This year's Ghosts of Actual Country Music were George Strait and Loretta Lynn. You can just tell they didn't learn their accents at the mall. You can't fake authenticity. You're either a coal miner's daughter, or you're not. Unfortunately, the two of them are about 160 years old. Both knock-in' at heaven's door.

Final proof that pop culture has swallowed country and spit out the hayseeds: the inexplicable appearance of divalet Ariana Grande, that country sensation from Boca Raton, Fla., who began her career singing on cruise ships. Bon voyage, y'all.

## Europe looks back a century



A Remembrance Day ceremony takes place by Paul Cummins' Blood Swept Lands and Seas of Red art installation in the dry moat of the Tower of London. Each poppy represents a British and Commonwealth military fatality from WWI. Link to a related video in MetroTube, at right. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

### Last of 888,246 poppies 'planted' for fallen soldiers from WWI

Europe marked Armistice Day Tuesday with ceremonies and moments of silence as France opened an international memorial on a former battlefield.

This year's events had special significance because 2014 is the

centenary of the start of the First World War. Tuesday marked the 96th anniversary of the armistice that ended the war on Nov. 11, 1918.

French President François Hollande inaugurated an international war memorial at Notre-Dame-de-Lorette, in northern France, in the presence of German, British and Belgian officials. The Ring of Memory

carries the names of 600,000 soldiers from more than 40 countries who died in the region during the war. Names are listed alphabetically, without their nationalities.

"Yesterday's enemies, these men are now reunited in death as if they belong to the same family," said Hollande.

In Britain, thousands gathered at the Tower of London, where a

blood-red sea of ceramic poppies spilled into the moat as part of an art installation paying tribute to soldiers killed in the fighting.

A 13-year-old army cadet, Harry Hayes, planted the final poppy — the last of the 888,246 glass flowers. Among the dead was Hayes' great-great-great-uncle, Pte. Patrick Kelly of the 1st Battalion, Irish Guards.

THE ASSOCIATED PRESS

## MetroTube



### Remember



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

We trust you all had a peaceful and reflective Remembrance Day yesterday, which seemed a little more poignant than most. Aside from recent attacks on soldiers in our own country, this year marked the centenary of the beginning of World War I. To mark that anniversary,

Britain planted a field of ceramic poppies around the Tower of London. See the completed field from above in a drone-shot video here. (Historic Royal Palaces/YouTube)



## Twitter

@metropicks asked: NBC has decided to give three of their dramas the same storyline for an episode. Which TV shows should never, ever crossover?

@EvanPetrie17: Modern Family and Duck Dynasty

Join the conversation @metropicks.



## SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 19 in Life and page 29 in Sports.

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# Short is humble, I must say

**Books.** SCTV and SNL funnyman Martin Short is philosophical about life's ups and downs

Martin Short says the reason he found the strength to keep going after his wife's death is simple: "We go on."

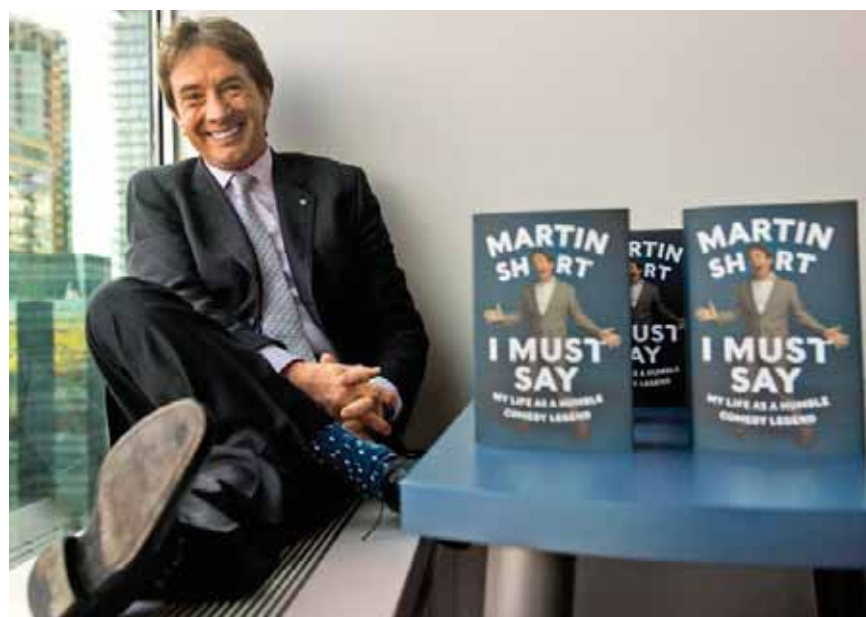
"Whatever we think it's going to be, the sun will come up, and you have to eat lunch," he said in a recent interview. "It's just life. We are all going to perish. I think we all naturally, understandably, live in denial of that."

Short, 64, reflects on both comedy and tragedy in his new memoir, *I Must Say: My Life as a Humble Comedy Legend*. The book details his journey to the top, from his early years as a member of Toronto's Second City improv troupe to the set of Saturday Night Live and to the big screen in films including *Father of the Bride*.

He writes that the death of his beloved wife of 30 years, Nancy Dolman, in 2010 is "by far the most awful thing I've been through." But he says he found strength for the sake of his three adult children. The night before Nancy died, Short told his youngest son Henry, "This will make you stronger. This will make you more determined."

"If I had no children, maybe I could have said, 'You know what? That's it for a public life,'" Short said. "But I have three kids, so they look to you to see what's the next step. 'Do we still have a family? Are we still a united front?' It's up to papa to make sure."

Short recalled throwing himself into work in the



Martin Short poses with his new book *I Must Say: My Life as a Humble Comedy Legend*. NATHAN DENETTE/THE CANADIAN PRESS

time after his wife's death. In a notorious episode of the *Today* show in March 2012, host Kathie Lee Gifford asked Short about his "great" marriage, apparently unaware Nancy had died.

He addresses the incident in his book, saying he has never felt any malice toward Gifford for the gaffe. "Besides, Kathie Lee wasn't wrong," he writes. "Nan and I did have one of the greatest marriages in show business."

While growing up in Hamilton, Ont., Short's four older siblings and both parents were constantly cracking jokes. "It was trickle-down funny," he said.

But his youth was marked by loss as well. When Short was 12, his eldest brother David died in a car accident. Then when he was 17, his mother died of cancer, and

## Ed Grimley as marriage counsellor

In 1984 Short joined Saturday Night Live, where his excitable man-child character Ed Grimley became a standout.

- He reveals in the book that spiky-haired Ed was not only beloved to fans, but also had a special place in his marriage.
- "If we were having a fight

and I wasn't backing down, she'd say, 'I don't want to talk to you anymore, I want to talk to Ed,'" he recalled.

- Then adopting Ed's gushing voice: "Oh Miss Nancy, can you believe how stubborn he is? He's so self-absorbed and desperate and doesn't appreciate how beautiful you are, I must say."

two years later, his father died of complications from a stroke.

Short said writing about painful memories wasn't necessarily "cathartic."

"I remember everything. I've lived with everything. So there were no surprises," he said. "What you don't know

when you start is how open you're going to be: what you're going to tell, what you're not going to tell, what you feel comfortable telling.

"As you write it, you start to realize that it can't be a bunch of anecdotes about funny things that happened when I met Richard Burton.

It has to have a little depth and understanding. That's why you write the book, because you gained wisdom in life and maybe you can give some of that wisdom to other people."

He recalled that in his early days, he quickly learned he had to know how to do everything — act, sing, dance, be funny — to succeed. Short eventually landed at Second City before joining the cast of SCTV in 1982.

The atmosphere at SCTV was harmonious because his castmates Joe Flaherty, Eugene Levy and Andrea Martin, among others, were so talented, he said.

"Usually the people who aren't the talented ones are the ones who become the most temperamental," said Short. "SCTV was that good. They didn't need to throw tantrums."

These days Short is still a sought-after film and stage actor. He has a role in Paul Thomas Anderson's upcoming film *Inherent Vice*, and will replace Nathan Lane in *It's Only a Play* on Broadway in January.

But for all his success, Short acknowledged he has never had a long-running sitcom or a box-office smash (apart from the *Father of the Bride* movies). He said that's never bothered him much, however.

"Well, you weren't thrilled when your film *Innerspace* didn't go through the roof, but I've never been drawn toward negative energy. So you take it in, you go, 'Hmm,' but then you go for a swim or something," he said. "It didn't make sense to wring your hands too long. I mean, prick me and I bleed, but then I put a bandage on."

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**TOP SIX @ 6**  
Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Sam Smith  
I'm Not The Only One
- 5 Ariana Grande ft The Weeknd  
Love Me Harder
- 4 Taylor Swift  
Blank Space
- 3 Nick Jonas  
Jealous
- 2 Jeremih ft YG  
Don't Tell 'em
- 1 Tove Lo  
Habits (Stay High)

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SCENE





Tabloid blogs are trying to use Leighton Meester's lyrics as a gossipy peek into her private life. THE CANADIAN PRESS

# Looking for gossip in a song is just 'sad'

**Music.** Leighton Meester wishes people would take their own experiences out of her songs on *Heartstrings*

Leighton Meester's rootsy redesign *Heartstrings* offers a much clearer look at the actress-musician-model than her prior forays into glossy pop — and naturally, tabloid blogs are trying to use her lyrics for a gossipy peek into her private life.

In particular, the album's Fleetwood Mac-reminiscent title track inspired a round of articles speculating on which ex might have been Meester's inspiration, replete with thoughtful breakdowns.

The 28-year-old Meester, who has protected her privacy more carefully than many young stars, said she didn't intentionally obfuscate details in her songwriting to avoid this

scenario. But she finds such lyrical sleuthing a bit uncomfortable, not to mention inaccurate.

"That's sort of what takes a bit of joy out of this process — it's all beautifully positive, but you know for people to focus on that would really be sort of sad, because I think they're missing out on their own experience," the former *Gossip Girl* star said in a telephone interview this week.

"That's what those people are built to do, and they're going to do it, I suppose. But (the lyrics are) truly not specific enough. It's just me and my feelings and my experiences and my heart. And truly, no one song is about any particular experience. It's really just sort of the culmination and the piling up of experiences."

And yet, Meester says the musing-on-muses phenomenon — of course also a Taylor Swift-related tradition — extends beyond the blogs.

"One thing that's strange is

## Long time coming

Meester took more than two years to work on the songs on *Heartstrings*, while continuing a film career and spending four months performing *Of Mice and Men* opposite James Franco and Chris O'Dowd on Broadway.

to say (live): 'I wrote this song about a breakup.' And then I can hear people in the crowd going, 'Who is it?' 'Who's she talking about?' First of all, that's not the point," Meester said. "And also ... I'm sure people deal with this all the time but it reduces it in a way that I don't like.

"It's so strange and sad to try to link these (songs) to a Hollywood hunk.

"It's sort of sidelining I suppose my actual message or accomplishment."

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PHOENIX





Bryan Cranston THE ASSOCIATED PRESS FILE

## Books. Bryan Cranston to voice audio sequel of naughty nursery rhyme

Bryan Cranston has lent his voice to a sequel to the profane hit nursery rhyme *Go the Bleep* to Sleep.

The *Breaking Bad* and *Malcolm in the Middle* star follows in the footsteps of Samuel L. Jackson by narrating *You Have to (Bleeping) Eat*, by novelist Adam Mansbach. The new audiobook will be available free from Audible starting Wednesday.

"This is a very funny book and my hope is that listeners will agree that I can swear with just as much panache

as Samuel Jackson," Cranston said in a statement.

Sample line: "The bunnies are munching on carrots. The lambs nibble grasses and bleat. I know you're too hungry to reason with but you have to (bleeping) eat." Now imagine it's read by Walter White.

*Go the (Bleep) to Sleep*, with illustrations by Ricardo Cortes, was a surprise hit in 2011, inspired by Mansbach's daughter's resistance to sleeping. It sold more than 1.5 million copies worldwide.

THE ASSOCIATED PRESS

## Gaming. Assassin's Creed does French Revolution

A new installment of blockbuster video game *Assassin's Creed* made its worldwide debut Tuesday, allowing players to wield deadly skills on the streets of Paris during the French Revolution.

*Assassin's Creed: Unity* is the latest installment of the annual, history-based action franchise from French gaming developer Ubisoft.

"I was surprised how realistic it could be," Ubisoft chief and co-founder Yves Guillemot told AFP at a major E3 video game trade show earlier this year.

"From the street names

to how it was before compared to how it is now, you are really more into the details when it is your own city," he said.

Billed as the most "dense and immersive" version of the hit franchise ever created, *Assassin's Creed: Unity* casts players in the role of a young man who grows into a master assassin and helps shape the fate of France.

"We have been working with lots of people to try to get the spirit of the French Revolution — what happened and why it happened," Guillemot said. AFP



A still from *Assassin's Creed: Unity*. UBISOFT

### Music



Nicki Minaj THE ASSOCIATED PRESS FILE

## Minaj says sorry for controversial imagery in video

Nicki Minaj is apologizing for a video that some feel uses Nazi imagery.

The rapper posted on Twitter on Tuesday that she didn't create the concept for the lyric video for her song *Only*. She wrote: "(I) take full responsibility if it has offended anyone. I'd never condone Nazism in my art."

The animated video, which debuted Friday, features a swarm of soldiers with red armbands featuring a logo that has been compared to a swastika. The logo also appears on Minaj's chest in the clip.

The video has more than two million views. THE ASSOCIATED PRESS

### Movies

## Hollywood aims to reclaim its crown as world's film capital

Los Angeles famously calls itself the Entertainment Capital of the World. But the reality is, many filmmakers have long since fled to cheaper locations in London, New York, Canada and elsewhere.

Now Hollywood is battling to win back its title.

In a bid to regain the initiative California tripled its tax credits this year for filmmakers, to \$330 million US per year compared to \$100 million per year previously.

The strategy has immediately borne fruit: in the third quarter of 2014 TV production in the City of Angels surged by 31 per cent year-on-year.

"While we are still trying to reclaim our share of television production, we're encouraged," said the head of Film LA, Paul Audley, announcing the new figures. AFP

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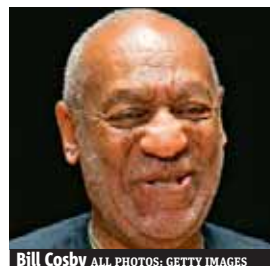
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## Bill Cosby not happy to be a man of memes

In other "totally not getting the Internet" news, Bill Cosby got more than he bargained for this week when he asked fans online to "meme" him, offering a meme generator on his site where fans could put fun block text over photos of him from *The Cosby Show* à la Lolcats. Well, a lot of people used it, only they used it to reference allegations of rape made against the comedian a decade ago. His team deleted his initial tweet and took down the meme generator as fast as possible, but not before some choice screen grabs could go up.



Bill Cosby ALL PHOTOS: GETTY IMAGES

## Spider-Man spinoff has aunt in its plans

Want a clear indication that comic book movies are officially getting out of hand? How about the rumour that Sony is working on a Spider-Man spinoff film about Aunt May, his elderly guardian played by Sally Field in the current incarnation of the franchise? Now, Sally Field won't be in this one, necessarily, as the rumoured film will be an "espionage story" that takes place when she's younger, before Peter Parker ends up under her roof. I don't remember Aunt May being a spy before settling down in Queens to frown and fret all the time, but then I don't really remember anything about Aunt May's past from the comics, so why not? Oh right, because it's a terrible idea.



Sally Field

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## JLaw once scorned, now Twitter shy



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Metro in Hollywood

Great job, haters. You've gone and scared off Jennifer Lawrence.

The *Hunger Games* star insists she's got a firm anti-social media stance, and it's all because you couldn't play nice.

"The Internet has scorned me so much that I feel like it's that girl in high school that I'm like, 'Oh, you want to talk about

her? Yeah I'll do that!' Take my hoops off, I'm ready to go," she says in a BBC radio interview.

But it's not just scorn that's keeping her away. Lawrence thinks she just can't handle Twitter. "I don't really understand what it is. It's like this weird enigma that people talk about. It's fine, I respect that, but no, I'll never get a Twitter," she says.

Aw, she says "a Twitter" just like my 72-year-old aunt. That's adorable.

"If you ever see a Facebook, Instagram or Twitter that says it's me, it most certainly is not." Maybe someone should tell her about her official Facebook page, then.

## Lindsay ready to say so long London town, hello New York City

Just giving you fair warning, New York: Lindsay Lohan is feeling "homesick" and is headed back our way.

Lohan will reportedly move back to New York City once her run in the West End production of *Speed-the-Plow* wraps up, according to Radar Online.

"She never intended on staying in London forever. She does love it there and has made some great friends in London, but N.Y.C. will always be her home."

She's also apparently "shopping around" for a



Lindsay Lohan

new place downtown.

On the bright side, I think this means New York is about to get edgy again, right?

# New Zealand's grape expectations

**Wine tours.** What better way to enjoy stunning scenery than by sipping some of the finest wines in the world?

KATHY ULLYOTT  
life@metronews.ca

Although New Zealand is a tiny country — less than a quarter the size of Ontario — it's been called "God's workshop" because it boasts virtually every environment on earth — from the rolling plains and vistas of Hawke's Bay to the rugged ranges of Queenstown; from the steaming geothermal pools of Rotorua to the glorious white beaches of Waiheke Island.

Now consider that you can explore almost any of these areas while stopping regularly to sample some of the best wines in the world and ... well, what are we waiting for?

While almost every corner of New Zealand produces wine — it is, after all, the eighth-largest wine exporter in the world — here are three great places to start.

## Hawke's Bay

**Why:** New Zealand's oldest winemaking region; start of the Classic New Zealand Wine Trail (see sidebar); known for red wines: Merlot, Cabernet Sauvignon and syrah.

## Must-stop wineries

**Trinity Hill:** Although Trinity Hill's wines have won a barrelful of international awards, the atmosphere



Scan this photo with your Metro News app for a photographic tour of New Zealand's lush wine regions.

PHOTOS: KATHY ULLYOTT/METRO

at the winery is relaxed and welcoming. Enjoy live music while you picnic on the sprawling lawns.

**Sileni Estates:** In addition to its award-winning wines (many of which you can buy in Canada), Sileni Estates operates an on-site cheese larder and sells a range of gourmet food items — including cheese (of course), chutneys and Chardonnay and Merlot truffles.

**Abbey Cellars:** A small family-run winery, Abbey Cellars ("Classic Wines With Soul") specializes in traditional winemaking methods and ecclesiastical names (The Blushing Monk rosé, Bishop Merlot).

If your palate craves something non-wine, try a Fat Monk pale ale or pilsner from the Abbey's own brew pub.

## Central Otago

**Why:** One of New Zealand's most well-known wine-producing regions; spectacular views of the Southern Alps; known for Pinot Noir, Riesling, Pinot Gris.

## Must-stop wineries

**Mt. Rosa:** Everything about Mt. Rosa (once a sheep station) aims to cut the pretension and up the approachability of wine. Try a sip (or a few) in the tasting room, an old woodshed where "the thousands of Merinos that once inhabited Mt. Rosa Station got naked," according to the winery's very amusing website (mtrosa.co.nz).

**Peregrine:** As you sample "wines with altitude" in the award-winning, outstretched-wing design of Peregrine's winery building, know that you are supporting Peregrine's conserv-

ation efforts regarding the endangered New Zealand falcon, South Island Saddleback and Mohua.

**Gibbston Valley:** Alan Brady planted the first grapes in the world's southernmost vineyard in the 1980s. Today, Gibbston Valley is still pioneering ways to connect with customers: You can join its wine club, enjoy gala dinners and join in events such as a winter festival.

## Waiheke Island

**Why:** A great day trip from the major city of Auckland, just across the bay; known for Cabernet, Syrah, Malbec and Chardonnay; 30 boutique wineries specialize in high-quality wines and sustainable practices.

## Must-stop wineries:

**Kennedy Point:** The only

## Wine boom

New Zealand began producing quality wine in the 1980s, when its Marlborough region began building an international reputation for its Sauvignon Blancs. Just 30 years later, the country exports \$1.2 billion worth of wine to 80 countries. Wine from approximately 200 New Zealand wineries is available in Canada, says Robert Ketchin, marketing manager, Canada, for New Zealand Winegrowers.

certified organic winery on Waiheke, Kennedy Point (it even keeps its highland cattle to supply the vines with fertilizer) also produces olive oil, avocado oil and manuka honey. Wine tastings are complemented with local specialties such as oysters, New Zealand cheese, duck rillettes and smoked salmon.

**Peacock Sky:** Canadian chef Connie Festa established Peacock Sky Vineyard (named for the 50 wild peacocks in residence) with her partner Rob 10 years ago. Since then, Peacock Sky has built a reputation not just for fine boutique wines, but for its tasting room, where a degustation experience lets guests sample wines with complementary foods.

**Cable Bay:** A modern, airy winery and restaurant, Cable Bay boasts a veranda and terrace with spectacular views of the Hauraki Gulf over to Auckland. Full-length windows into the working winery allow guests to experience wine-making almost first-hand.

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# Quintessential London

Don't leave the city without indulging in these essential English experiences

TEXT: LOREN CHRISTIE PHOTOS: PETER REMUS



## Museum

Most major museums are free admission, apart from special exhibitions. The National Portrait Gallery, located just behind the National Gallery, tells the history of Britain through portraits of famous Brits. The Museum of London's Sherlock Holmes exhibit (running until April) is a wonderful snapshot of late Victorian and Edwardian England.



## Theatre

London has the most vibrant theatre scene in the world. Newly developed Leicester Square is the place to go and buy last-minute discount tickets. See all the big-name shows like Mama Mia or Wicked, or take in some new shows like Shakespeare In Love or The Curious Incident of the Dog in the Night-Time.



## Pubs

You can't get much more English than having a pint at the pub. For an authentic experience, spill out on to the street with the after-work crowd or pop by a local on a Sunday and enjoy a roast lunch complete with Yorkshire pudding and sauce.



## Markets

The buzz of city life and the characters you come across make a visit to one of the city's many markets a must. Check out the Borough and Spitalfields for food, Portobello for antiques and Camden for everything else.



## The Tube

When you visit a city of nine million people, you need to get friendly with public transportation. The subway is by far the cheapest and easiest way to get around. Save the expensive taxi ride from Heathrow Airport and ride the tube directly into Central London. You'll arrive in less than an hour for a fraction of the price.



## Tradition

Give a nod to tradition and go for high tea. Make reservations at Fortnum and Mason on Piccadilly, one of London's oldest department stores. The experience will take you back to a bygone era.



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# When did my free time fizzle away?

**Career.** Gain a sense of balance right off the bat so your work doesn't wedge its way into your everyday

LAUREN  
MARINIGH  
TalentEgg.ca

Maintaining a work-life balance is not always easy, especially when you're just starting out in your career.

Many employers see the importance of work-life balance, but when an employee is particularly passionate and trying to get ahead, they can accidentally go into professional overdrive.

Often new employees get into the habit of not balancing their work and personal lives, which starts a lifelong bad habit. It's crucial to learn how to maintain a balance from Day One.

## Know your employer's expectations

Before you accept a job, make



If you're employed in a workplace where people try to contact you at all hours of the day, inform them when you will be unavailable and stick to it.

sure to ask questions that help you assess your employer's approach to work-life balance.

Knowing from the start if your new work environment requires significant overtime or weekend work will help you judge the chance of a good fit.

Employers are pretty transparent when it comes to work-

life balance and will usually share any requirements that may not enable you to have a regular nine-to-five work life.

It's also important for your employer to know how you feel about work-life balance to assess your potential fit on the organization. If you aren't willing to work until 8 p.m. every

## Know how (and when) to shut off

- Workload and employer expectations aren't always responsible for a lack of work-life balance.
- Many people just don't know when to shut off from work – and aren't willing to leave things for tomorrow.
- When you leave work, your work brain should shut off, and emails, phone calls and work can wait to be answered in the morning. Most people understand that working hours are 9 a.m. to 5 p.m. for the majority of businesses. Don't stress: Your work is not going anywhere.

night, don't tell them you are.

## Learn to say "no"

This is especially difficult for someone just starting out in their career.

How do you say no to your superior?

In most roles, you'll be responsible for managing different expectations. Often, the people responsible for each task don't realize all the things already on your "to do" list.

This is where (and why) it's important to learn how to say no to things that just aren't doable. If you don't feel comfortable with a straight-up "no,"

learn how to explain to your colleagues that their deadlines aren't manageable, or show them what priorities will come before their task and why.

If you don't learn this early on, you'll find yourself in the office 24 hours a day

## Communicate

Make sure your boss, employees and colleagues know when you will be unavailable.

Keep your boss in the loop with regards to dates you may need to get out of the office early, or on time due to other commitments.

Communicating this infor-

mation will not only protect you from getting bombarded with information at all hours — it will also underscore your commitment to managing your workload in a responsible way.

## Prioritize and stay organized

Prioritizing your time and staying organized is crucial.

It's important to distinguish the urgent tasks from work that can wait until tomorrow. Create lists and set reasonable due dates, using whatever combination of digital and offline tools suit your particular needs.

Get in the habit of adding new items to your schedule as soon as they arise. This will make it easy for you to re-evaluate your calendar and adjust timelines as needed.

Having this schedule handy will also help you make a case for adjusting your workload or deferring tasks until a later date, as needed.

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# The new kid in town could turn things around

**Career.** A former tech executive argues that new employees are the key to innovation

LAKSHMI  
GANDHI  
Metro in New York City

The first few months of a job are often filled with stress as you navigate through a sea of new faces, rules and challenges. But a new book argues that being the new kid on the block in a startup company or burgeoning field can also lead to increased creativity and some of the best moments of your career.

"When we're in this rookie mode is when we tend to do our very best work," says Liz Wiseman, the author of the book *Rookie Smarts: Why Learning Beats Knowing in the New Game of Work*. "There's brilliance in it. A rookie move isn't a mistake or a disaster but is actually something that is innovative."

## Age is just a number

"It's never too late to be a rookie," stresses Wiseman. "Professionals who are able to use their hard-won experience but are still able to tap into their rookie smarts will build a culture of innovation."

Wiseman says that companies and managers should adjust the way they look at career changers and new employees. "Rookies come in without the mentality that it will take years of paying their dues before they can contribute and they tend to work a lot faster," she notes.

Here are some things real-life rookies should keep in mind as they navigate the workplace.

## There is no honeymoon period

"Rather than be nervous, (realize) that this is where you are going to do your best work," says Wiseman. "Instead of seeing those first six months

as a write-off and kind of being in learning mode and not being expected to contribute, actually the first six months is when people are valuable."

## Ask smart questions

"Start reaching out to people who know (the lay of the land)," says Wiseman. "And that humble request for help is likely to kick in somebody's mentoring genes." Oftentimes, says Wiseman, it's during the rookie period that people find a strong network of colleagues who will vouch for them down the line.

## Don't be arrogant

No one has made friends by bluntly criticizing the way things are done. "I think approaching anything by saying 'I have a better way' is not going to go over well," Wiseman notes.

"I think the best approach, the humbler approach, is to think 'What can I learn from you? What can you teach me?' and then just deliver fast and I think just show them." A willingness to learn from your colleagues goes a long way.

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Janice Currie, director, Success College. "PARE and COPAT are fitness tests required for admissions into virtually all law enforcement agencies."

Training on this equipment prepares students for on-the-job physical requirements. Students who train on this equipment are much better prepared for the rigorous testing conducted by correctional facilities, police forces, and the RCMP.

"Just as important, Success College trains students in non-violent crisis intervention so

that the need for physical confrontation is minimized or avoided altogether," Currie says.

The curriculum has been developed so students finish a two-year program in just 60 weeks.

"With over 100 years of experience behind us, we're confident that our model of career education has evolved to offer the optimal combination of classroom instruction, practical hands-on learning and on-the-job experience," Currie says.

For more, visit [successcollege.ca](http://successcollege.ca).



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## Veterinary medical industry needs qualified caregivers



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Animal health care is a growing industry.

"Pets are now considered family members and are treated as such," says Cynthia Todd, veterinary hospital assistant program manager/lead instructor, da Vinci College.

"The end result is that the veterinary medical industry is growing at a rapid pace, and the industry needs qualified people."

The veterinary hospital assistant pro-

gram at da Vinci College is a nine-month program that educates students in the field of animal health care. The program trains students to work with both clients and patients in the front and back of an animal care facility.

Students learn how to properly handle pets in care and manage behaviours.

Students study and learn how to educate pet owners on topics such as animal

welfare, parasite prevention, nutrition, vaccination, puppy and kitten care, dental health, medications, toxins, surgical procedures, and euthanasia.

They also learn to assist both veterinarians and veterinary technicians in the exam room, surgery, radiology and the lab.

Graduates will be qualified to work in veterinary clinics, shelters and non-profit organizations, boarding facilities and doggie day cares.

"Da Vinci College provides the hands-on skills that make our graduates unique," Todd says. "When da Vinci students enter the field, they are ready to succeed."

For more information about this program, visit [davincicollege.org](http://davincicollege.org).



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# App can help guide your career

When it comes to choosing a career path, it helps to have a compass guide you to the right destination.

Saint Mary's University has developed a new application for high school students who need a little help in choosing which degree or degrees for which to apply.

"Career Compass is a new mobile web application that will provide students with a fun and informative way of looking, not only into potential career opportunities, but also the various educational paths that could take them there," says Garrett White, liaison and admissions officer, Saint Mary's University.

"Our goal was not to take away from the role of guidance counsellors or our own career services department, but to help the students understand educational paths and which will best prepare them for specific jobs and careers."

The app is an easy, user-friendly and fun way for students to learn about post-secondary education at Saint Mary's and how it can link to potential careers in which students already have some level of interest.



SHUTTERSTOCK

The app will also connect prospective students to the Saint Mary's career services department.

"Research in Canada has shown that one key reason that students do not attend post-secondary institutions is due to being overwhelmed with decisions," White says. "We hope to help a little with that."

The Career Compass app can be accessed via smartphone, tablet and/or computer at [smu.ca/careercompass](http://smu.ca/careercompass).

# PARALEGAL CAREER ONE OF HOTTEST NON-LAWYER JOBS

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Paralegals are a vital element to any legal team and are well-respected for their knowledge of legal documentation and procedures.

The paralegal diploma program at Maritime Business College (MBC) teaches a combination of administrative skills with specific paralegal training.

"Client demands, economic necessity and explosive growth have made paralegals a popular career choice," says Janice Currie, director, Maritime Business College. "The paralegal field is growing as clients demand more efficient delivery of legal services."

Students are trained in Internet and core computing, and study day-to-day administrative skills like advanced keyboarding and business communications.

Study of law and legal processes includes an introduction to the Canadian court system, including elements of corporate law, family law, real estate, criminal law, and litigation.



CONTRIBUTED

"Since hourly rates charged by attorneys are typically double or triple the rates of paralegals for the same task, law firms are using more paralegals to manage their costs," Currie says. "As a result, a paralegal career is one of the hottest non-lawyer jobs in the legal industry."

This program has been designed so students can complete their diploma in 52 weeks.

MBC also offers extensive career services to assist students with their job search.

For more information, please visit [maritimebusinesscollege.ca](http://maritimebusinesscollege.ca).



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# Come for the game, stay for snacks

## Game day bites.

Creamy Hot Crab Dip and Nacho Appetizer Meatballs will have everyone cheering



**DINNER EXPRESS**  
Emily Richards  
food@metronews.ca

November is the time to enjoy some sports.

Whether you are playing, coaching, watching or cheering in the background, there are a lot of awesome sports on this month.

With the variety of great games, you may want to invite friends over to watch and enjoy some tasty hot snacks like these.

You'll see just how filling these snacks can be paired with some veggie sticks, nachos and salsa.

Eating in and enjoying small bites like these for dinner is a fun way to get together with friends and change up the everyday.

### Creamy Hot Crab Dip

With a fresh burst of lemon rind and juice, this dip is perfect served up in a fondue pot or a small slow cooker. Lots of crackers, pretzel sticks or baguette slices are ideal dippers.

1. In a saucepan, combine cream cheese, sour cream,

### Ingredients

#### Creamy Hot Crab Dip

- 1 pkg (8 oz/250 g) cream cheese
- 1/2 cup (125 ml) each sour cream and mayonnaise
- 1 box (7 oz) frozen snow crab meat, thawed and squeezed dry
- 1 clove garlic, minced
- 1/2 tsp (2 ml) finely grated lemon rind
- 2 tbsp (25 ml) lemon juice
- 1 tsp (5 ml) Worcestershire sauce
- 1/2 tsp (2 ml) hot pepper sauce
- 1 tbsp (15 ml) chopped fresh chives or parsley

#### Nacho Appetizer Meatballs

- 1 small onion, peeled, grated
- 1 egg
- 1/3 cup (75 ml) medium salsa
- 1 tsp (5 ml) Worcestershire sauce
- Pinch ground black pepper
- 2 cups (500 ml) bite size tortilla chips, crushed to make 1 cup (250 ml)
- 1 lb (500 g) extra lean ground beef
- Pretzel sticks
- Salsa, sour cream or nacho cheese sauce (optional)

## FLASH FOOD

From your fridge to your table in about 30 minutes or less



mayonnaise, crab meat and garlic. Heat over low heat, stirring until creamy and combined well.

2. Stir in lemon rind, juice, Worcestershire and hot pepper sauces.

3. Scrape into fondue pot or slow cooker to keep warm. Sprinkle with chives.

### Nacho Appetizer Meatballs

These bite-size meatballs taste like nachos! Using tortilla chips and salsa adds great flavour and you can keep them warm in a slow cooker on low or simply

heat them up when you need them. Serve with more salsa, sour cream or nacho cheese sauce to dip.

1. In a large bowl, stir together onion, egg, salsa, Worcestershire sauce and pepper. Stir in crushed tortilla chips and let stand for 10 minutes to soften. Mix in beef until well combined.

2. Using level tablespoon (15 ml) roll mixture into balls and place onto foil lined baking sheet. Place baking sheet 6 inches (15 cm) under broiler on High and broil for about 10 minutes, turning pan if necessary to cook evenly until golden and no longer pink inside.

3. Pierce pretzel stick in each meatball to serve. Serve with salsa, sour cream or nacho cheese sauce if desired.



The crab dip recipe makes 2 1/3 cups (575 ml). The meatball recipe makes about 38 meatballs. EMILY RICHARDS

# Mac 'n' Cheese moonlights as muffins



This recipe serves 10 to 12. DAIRY FARMERS OF CANADA (MILKCALENDAR.CA)

1. Preheat oven to 375 F (190 C). Butter non-stick muffin pan; divide bread crumbs between cups. Shake and tilt pan to coat all sides of cups well. Discard any excess.

2. In pot of boiling salted water, cook macaroni for about 8 minutes or until al dente, or according to package directions.

### Ingredients

- 2 tbsp (30 ml) dry bread crumbs
- 2-1/2 cups (625 ml) elbow macaroni
- 3 tbsp (45 ml) butter
- 3 tbsp (45 ml) all-purpose flour
- 1 tsp (5 ml) dry mustard
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper
- 1-1/2 cups (375 ml) milk
- 2-1/2 cups (625 ml) grated Canadian aged cheddar, divided

3. Meanwhile, in a medium saucepan set over medium-high heat, melt butter. Sprinkle with flour, mustard, salt and pepper; cook, whisking, for 1 minute. Gradually whisk in milk. Bring to a boil and reduce heat. Whisk for 3 to 5 minutes or until smooth and thickened. Remove from heat; stir in 2 cups (500 ml) cheddar until melted and smooth.

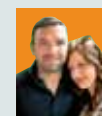
4. Drain macaroni and return to pot. Pour cheese sauce over pasta; stir until coated.

5. Divide the mixture evenly among the muffin cups. Sprinkle with remaining cheese. Bake for 20 minutes or until hot. Let stand for 10 minutes. Run a small knife around each muffin, then ease out of cup.

RECIPE COURTESY DAIRY FARMERS OF CANADA (MILKCALENDAR.CA)

## Food around the world

### Italy (vegan rating: 7/10)



**MEAT AND VEG**  
meatandvegontheroad.  
tumblr.com  
Photos: Suzi Staheli  
Words: Eoin Weldon

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.



**Veg:** Eating out in Italy didn't appear too vegan friendly — even though we

enjoyed vegan snacks at Fa-bio near the Vatican. But supermarkets were bursting with options. Veg kept it simple with her dish of pasta tossed in olive oil, and mixed with green vegan pesto, pan fried eggplant, artichoke, garlic and red peppers.



**Meat:** After trawling Rome, I found the right tagliatelle. Using natural white yogurt, red pesto, lemon juice and black pepper, I created a light sauce and poured it over the al dente pasta. Garlic and onion flecks ran through the dish and atop the tagliatelle sat several succulent prawns. The dish was served with a wedge of provolone cheese and topped with basil flakes.



# DARTMOUTH CROSSING



SHUTTERSTOCK

## Let the holidays begin

Once again, The Village Shops will be celebrating the holiday season, with live caroling, holiday lights, and the always-popular Miracle on Main Street events.

Miracle on Main Street in The Village Shops kicks off on Saturday, Nov. 15, from 11 a.m. to 4 p.m. at Pondsides Amphitheatre. Families will be able to enjoy magical visits with Santa on his sleigh, horse-drawn wagon rides with Mrs. Claus, complimentary hot chocolate and cake while quantities last, and much more.

The festivities continue on Nov. 22 from 4 p.m. to 7 p.m. as shoppers are invited to enjoy train rides on the North Pole Express, complimentary hot chocolate and cookies while quantities last, live caroling and even meet Santa on his sleigh. At 7 p.m., the sky will light up over Pondsides Amphitheatre with a very special fireworks display for the holidays.

"This year we are pleased to offer a Holiday Haven to our shoppers, which will be located across from Globo Shoes and next to Pseudio at 38 Hector Gate," says Ann-Louise McKinnon, the general

manager of Dartmouth Crossing.

"Shoppers will be able to relax in a festive atmosphere, enjoy complimentary hot beverages courtesy of Wheaton's, enjoy holiday music and have their gift wrapped with a donation to the Children's Wish Foundation and the Arthritis Society of Nova Scotia." Further details of The Village Shops' Holiday Haven — including hours of operation — can be found at the website, [dartmouthcrossing.com](http://dartmouthcrossing.com).

The Village Shops are thrilled to take part in The Salvation Army's Angel Giving Tree Program to give back to the community. In 2013, The Village Shops collected more than two hundred gifts of clothing and toys for children in need in the HRM. Donating to the program is simple: each participating store in The Village Shops will have an 'angel tree' at their cash desk. When donating, shoppers will choose a tag from the tree, purchase a gift for the corresponding child and return the unwrapped gift to the Dartmouth Crossing administration office (open Monday to Friday 9 a.m. to 5 p.m.), Tommy Hilfiger or Take It Outside.

### EVENTS AT A GLANCE

Miracle on Main Street at  
The Village Shops  
Nov. 15 from 11 a.m. to 4 p.m.  
Nov. 22 from 4 p.m. to 7 p.m.

#### Tax-free shopping

Saturday, Nov. 15 and Sunday,  
Nov. 16: 9:30 a.m. to 10 p.m.,  
and 10 a.m. to 6 p.m.  
Saturday, Dec. 6 and Sunday,  
Dec. 7: 9:30 a.m. to 10 p.m.,  
and 10 a.m. to 6 p.m.

#### Live caroling

This year our carolers will be performing from Nov. 15 to  
Dec. 21, Fridays from 6 p.m. to  
8 p.m. and Saturdays and Sundays  
2 p.m. to 4 p.m.

\*Events are weather permitting.  
Please check the website for  
further details.

## HAPPY

*Tax-Free up to 20% off!*

SAT, NOV 15TH 9:30AM-10:00PM  
SUN, NOV 16TH 10:00AM-6:00PM

### MIRACLE ON MAIN STREET

SAT, NOV 15TH  
11:00AM-4:00PM  
PONDSIDE AMPHITHEATRE

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- Magical visits with Santa in his Sleigh
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- North Pole Petting Zoo
- Make Your Own Reindeer Food for Christmas Eve
- Special Giveaways from Santa's Elves\*

### THE VILLAGE SHOPS

AT DARTMOUTH CROSSING

\*while quantities last. Events are weather permitting  
Please visit [dartmouthcrossing.com](http://dartmouthcrossing.com) for full details  
and event updates.

EVERYTHING YOU WANT - EVERY OCCASION  
DARTMOUTHCROSSING.COM



# Unforgettable shopping experience

*Trails, cobblestone walkways make The Village Shops unique*

For shoppers in HRM, Dartmouth Crossing offers the best of all worlds, with easy access to all of Metro Halifax and one of the most unique shopping, dining, and entertainment experiences on the East Coast.

The Village Shops at Dartmouth Crossing offer an unforgettable shopping experience that is guaranteed to please even the most discerning shopper, with all the latest fashions, gift ideas, one-of-a-kind and hard-to-find items and much more. Along with great selection comes the kind of individualized service and attention to detail that one might expect from a small-town shopping experience. It's all wrapped up in a quiet village ambiance complete with cobblestone side-



SHUTTERSTOCK

walks that's like nothing else in Atlantic Canada.

The architecture of the Village Shops at Dartmouth Crossing truly stands out. The buildings are built with a distinctive mixture of brick and stone claddings and turn-of-the-century style. With woodland trails, a running brook, rustic bridges, and the Pondsides Amphitheatre skirting the complex, it's tempting to bring a picnic and stay all day. Or buy one at one of the Village Shops' selection of dining and eating establishments.

The Village Shops at Dartmouth Crossing also offer something else that is often missing in a modern shopping experience: fresh air, open skies, and shopping under the sun and stars.



CONTRIBUTED

## Developers dedicated to protecting the environment

*Streams restored; Pondsides Amphitheatre built*

Commitment to the environment may be an unusual quality for a major retail development, but Dartmouth Crossing is not your average development. In fact, the popular retail, hospitality and office complex in Dartmouth has given as much consideration to developing green space as to developing a great shopping experience.

The G. Fraser Conrad Pedestrian Bridge in Shubie Park is a case in point. Dartmouth Crossing was a major supporter of the bridge that is now a registered part of the Trans Canada Trail. The bridge connects a part of the trail that will eventually be part of the linked trail system starting from Halifax Harbour and winding through Dartmouth along the lakes as far as the village of Fall River.

The developers of Dartmouth Crossing built Pondsides Amphitheatre and Grassy Brook Park as part of their green space commitment to HRM. The area which has now become an official HRM park, offers one of the most unusual outdoor performance venues in the city.

At the same time the developers restored and remediated the many streams and brooks throughout Dartmouth Crossing that had been destroyed by previous quarry and asphalt operations in the years before Dartmouth Crossing was built. Today the streams are flourished with trout spawning and provide the second most important trout population in Nova Scotia and has become a vital part of Nova Scotia's ecosystem.

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SHUTTERSTOCK IMAGES

# PRO HOCKEY LIFE HAS GOT YOU COVERED

STORE SELLS EVERYTHING  
FROM EQUIPMENT TO APPAREL

Whether you're an aspiring pro, a weekend warrior or about to step on the ice for the first time, Pro Hockey Life's Dartmouth Gate location is a 24,000-square-foot megastore dedicated to everything hockey.

Couple that with unparalleled customer service and Pro Hockey Life should be the first stop for every player and fan, for any of their hockey needs.

**"FROM JERSEYS TO SIGNED MEMORABILIA, WE HAVE PRODUCTS IN STOCK NO MATTER WHICH NHL TEAM YOU CHEER FOR."**

**— Pro Hockey Life store general manager Mark Painchaud**

"We carry equipment and products for all levels of play," says Pro Hockey Life store general manager Mark Painchaud. "We also have a large selection of NHL team apparel and NHL merchandise for fans of any team. From jerseys to signed memorabilia, we have products in stock no matter which NHL team you cheer for."

Pro Hockey Life also carries all the biggest and hottest brands in the hockey industry including Bauer, Reebok, CCM, Easton, Gongshow Hockey. Add to that an extensive range of services including skate sharpening, equipment repairs, custom skate profiling, team sales, custom orders and more.

"On now and running until Nov. 16 we have a sale: buy one get one 40 per cent off on all hockey sticks," says Painchaud. Shoppers should also keep a close eye on [prohockeylife.com](http://prohockeylife.com) for details on an exciting Black Friday sale.

Pro Hockey Life is Atlantic Canada's largest selection for everything hockey, says Painchaud. "Regardless of your level of play, our highly trained and knowledgeable specialists will set you up with everything you need or need to know to be on top of your game. We offer an unparalleled selection of equipment, apparel and accessories at competitive prices, backed up by the PHL price guarantee and unmatched customer service. Pro Hockey Life is the ultimate destination for hockey players and fans alike."

BAUER WARRIOR CCM EASTON Reebok

# HOCKEY STICKS BUY ONE GET ONE 40% OFF\*

**\*IN-STORE Only. In stock models only including Goal Sticks. Second stick must be of equal or lesser value.**

This 12 day event starts Wednesday November 5, 2014. Prices in this advertisement are in effect Wednesday November 5, 2014 to Sunday November 16, 2014. Valid in-store only. Please see [prohockeylife.com](http://prohockeylife.com) for details. Prices on some items may extend beyond this point. If any advertising error or omission is discovered, Pro Hockey Life will make the appropriate corrections and notify our customers as soon as possible. Quantities may be limited. Selection (styles, sizes, colours, models) may vary by store. We reserve the right to limit quantities. ® Registered trademark of FGL Sports Ltd. All other trademarks are the property of their respective owner(s).



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**200 Hector Gate  
Dartmouth Crossing  
[prohockeylife.com](http://prohockeylife.com)**





Halifax Rainmen head coach Josep (Pep) Clarós at a pre-season media event held recently at Cole Harbour High School. JEFF HARPER/METRO

# Adding Pep in the Rainmen's step

**NBL Canada.** Head coach is always thinking strategy, whether it be for on- or off-court success



**KRISTEN LIPSCOMBE**  
kristen.lipcombe@metronews.ca

Halifax Rainmen head coach Josep (Pep) Clarós is all about strategy.

On the court, his strategy is focusing on his team's next game, not their last game.

"I don't like to talk, always, about the past," the seasoned pro coach from Barcelona, Spain, said Tuesday. "If we win, we've got to think about the next game, and if we lose, we've got to clean our minds as soon as possible and get ready for the next game."

That next game for the Rainmen is this Thursday, when they host the Moncton Miracles at the Scotiabank Centre. Tip-off is at 7 p.m.

## Quoted

**"It's not even about playing time, it's more about what you can offer to the team no matter what, no matter where."** Rainmen head coach Josep (Pep) Clarós

Although focused on the future, this week's home game will be "a good challenge" for his newly assembled roster, Clarós admitted. The Rainmen fell 117-113 last Friday at the Moncton Coliseum.

"We lost a game that we were in control (of) almost the whole way," Clarós said.

Still, not a shabby score for a team that had been playing together for its first time. The Rainmen announced its final 11-player roster last Thursday.

The Rainmen then went on to snag their first win of the National Basketball League of Canada season, beating the Prince Edward Island Storm 101-83 in their home-opener Saturday night.

"We played more intense, more physical, more intelligent," Clarós said.

Clarós, who returns to Halifax after previously coaching the city's pro basketball club through its most successful season, is taking his time evaluating his new team.

This year's Halifax roster is a unique mix of players, including veterans Cliff Clinkscales and Tim Parham, recognizable returnee Joey Haywood and a handful of others hailing from Toronto to Tokyo.

"It's a group of guys that have to adapt and work hard, and put the team first instead of their numbers," Clarós said. "I want everybody to feel important ... and help the team in some way."

His goal of seeing the Rainmen succeed is so strong that Clarós brought his wife and two young children back to Halifax after coaching around

the world, including the Mexican national team.

"We love Canada, we love the society, the education," Clarós said.

"We can have a nice life, and at the same time I can compete and try to bring something that failed three years ago," he said of taking the Rainmen to the NBL Canada final during the 2011-12 season.

Off the court, his strategy is to make the fan a key player.

"These ones that are loyal and liked the last game, they can repeat it, and bring somebody with them," Clarós said. "If you want to have a winning team, you need the best crowd."

## Rainmen tickets

Halifax Rainmen tickets are on sale via the Ticket Atlantic Box Office, ticketatlantic.com, or by emailing info@rainmenbasketball.ca.

## Olympic qualifying

### Celebrity skier earns four-year ban for race fixing

Pop violinist Vanessa-Mae was banned from competitive skiing for four years on Tuesday for taking part in races that were fixed to allow her to qualify for the Winter Olympics in Sochi.

The findings by the International Ski Federation exposed as a sham what many fans thought was a feel-good celebrity Olympic story.

FIS also banned five race officials from Slovenia and Italy for between one and two years for their role in the scandal.

THE ASSOCIATED PRESS

## MLB awards

### Williams and Showalter named top managers

Matt Williams was chosen NL Manager of the Year after guiding the Washington Nationals to the league-best 96 wins in his first season on the job while Baltimore's Buck Showalter took the AL Manager of the Year honour.

Williams got 18 first-place votes and 109 points in balloting by the Baseball Writers' Association of America announced Tuesday. Williams became the fourth manager to win in his first year.

Showalter received 25 of 30 first-place votes and 132 points.

THE ASSOCIATED PRESS

## Yankees

### Girardi not sure what to expect from A-Rod in 2015

Yankees manager Joe Girardi won't know until March what to expect of Alex Rodriguez in 2015.

Rodriguez was limited to 44 games in 2013 following hip surgery, then was suspended for all of this season for violations of baseball's drug agreement and labour contract.

Girardi spoke to the third baseman about potentially playing some first base on days Mark Teixeira is given off. Girardi says, "We're going to have to see where he's at in spring training. But he's working and trying to get prepared."

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# Pens fall apart in Manhattan

**NHL.** Pittsburgh come up way short as win streak ends against Rangers

Mats Zuccarello scored the first of New York's three first-period goals. Henrik Lundqvist made 33 saves for his third shutout of the season, and the Rangers snapped Pittsburgh's seven-game winning streak with a 5-0 victory on Tuesday night.

Martin St. Louis and Kevin Klein added goals in the first, Derick Brassard had a power-play tally in the second, and Rick Nash — who had two assists — scored a short-handed goal in the third for the Rangers, who broke a two-game losing streak.

Lundqvist earned his 53rd NHL shutout — extending his Rangers record.

The Penguins (10-3-1), who will complete a five-game trip Friday at Toronto, hadn't allowed a power-play goal in 10 games, and their streak reached 39 kills be-

| On Tuesday |          |
|------------|----------|
| 5          | 0        |
| Rangers    | Penguins |

fore Brassard's goal.

Marc-Andre Fleury stopped 30 shots for Pittsburgh, 5-1-1 on the road.

The Rangers shook off their lacklustre performance in a 3-1 home loss to Edmonton on Sunday and jumped all over the Penguins.

New York drew an interference penalty against Sidney Crosby just 57 seconds in. It didn't produce a goal, but generated four shots and set the tone. Fleury was sharp early and kept the Penguins in it for as long as he could.

Crosby, the NHL's leading scorer with 24 points, went pointless for the second time in three games.

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Rangers forward Dominic Moore catches Penguins goalie Marc-Andre Fleury out of his net during Tuesday night's game at Madison Square Garden.

FRANK FRANKLIN II/THE ASSOCIATED PRESS

## Raptors claw back to top Magic

Having just given up a three-pointer and trailing by 11 points late in the first half Tuesday, Toronto Raptors coach Dwane Casey called a timeout. Kyle Lowry spiked the ball hard to the ground in frustration.

Lowry drew on that anger to lift the Raptors to a 104-100 win over the Orlando Magic, extending their Eastern Conference-leading record to 7-1. They're a perfect 5-0 at the Air Canada Centre.

On a night that saw Toronto trail almost the entire game, Lowry grabbed two huge rebounds in the final 90 seconds, then drew a foul and drained a pair of free throws to give the Raptors a three-point lead in

| On Tuesday |       |
|------------|-------|
| 104        | 100   |
| Raptors    | Magic |

the win.

Terrence Ross added 17 points, while DeMar DeRozan finished with 16, Lou Williams added 14 and Amir Johnson and Patrick Patterson chipped in with 12 points apiece.

Evan Fournier led the Magic (2-6) with 24 points.

The Raptors, wearing cam-

ouflage in honour of Remembrance Day, were coming off two solid defensive efforts in wins over Washington and Philadelphia, but that didn't carry over against Orlando.

Trailing 83-72 to begin the fourth quarter, the Raptors finally showed some life. Williams scored eight points in less than four minutes and then Patterson's three with 6:36 to go put the Raptors up 90-88 (Toronto's first lead since 14-13).

A basket by Tobias Harris pulled the Magic back within a point with 55 seconds left, but a free throw by Patterson, followed by a miss by Harris, clinched Toronto's win.

THE CANADIAN PRESS



Lou Williams scored a quick eight points in the fourth quarter to key the Raptors' win over Orlando on Tuesday in Toronto.

THE CANADIAN PRESS



## Raonic hanging on a thread

Milos Raonic, right, shakes hands after his loss to Andy Murray, which left him almost eliminated in the ATP Finals in London Tuesday. Scan the image with your Metro News app for more action from the year-end tournament. ADRIAN DENNIS/AFP/GETTY IMAGES



OHL

## McDavid injures hand in fight

Erie Otters star forward Connor McDavid, who is touted to go first overall in next year's NHL draft, is out indefinitely after injuring his right hand in a fight during an Ontario Hockey League game Tuesday night.

THE CANADIAN PRESS

Post-season tour

## Longoria leads All-Stars in Japan

Evan Longoria hit a grand slam and the Major League Baseball all-stars survived a late rally to beat a split Japan squad 8-7 in an exhibition game on Tuesday in Nishinomiya ahead of their five-game post-season tour.

THE ASSOCIATED PRESS



The Houston Astros' Jose Veras pitches for the MLB All-Stars.

Former Man United

## Moyes signs with Real Sociedad

Spanish club Real Sociedad hired former Manchester United manager David Moyes on Monday, giving the Scotsman a chance to revive his career after his failed stint at Old Trafford.

Sociedad posted a statement on its website saying it had "reached a deal with

manager David Moyes to be the coach of the first team until June 30, 2016."

It is Moyes' first coaching assignment since being fired last season after less than a year in charge at United, where he took the top job after Alex Ferguson retired. Moyes had moved to United after spending more than a decade at Everton, where he established a reputation as one of the top British managers.

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\*Lease payments of \$38/\$68/\$93 on the 2015 Versa Note/2015 Rogue/2015 Pathfinder must be made on a semi-monthly basis and cannot be made weekly. Weekly lease payments are for advertising purposes only. \*Representative semi-monthly lease offer based on any new 2015 Versa Note 1.6 S, MT (BSRG55 AA00)/2015 Rogue S FWD (Y6RG15 AA00), CVT transmission/2015 Pathfinder S 4X2 (5XRG15 AA00), 1.9%/3.49%/3.9% lease APR for a 60/60/60 month term equals 120/120/120 semi-monthly payments of \$83/\$147/\$202 with \$0 down payment, and \$0 security deposit. First semi-monthly payment, down payment and \$0 security deposit are due at lease inception. Prices and payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$9,964/\$17,667/\$24,250. \$500/\$500/\$500 NCF Bonus cash discount included in advertised lease offer, applicable only on the 2015 Pathfinder S 4X2 (5XRG15 AA00). This offer is only valid from Nov. 1 - Dec. 1, 2014. Conditions apply. \*Representative finance offer based on 2015 Nissan Micra® 1.6 SV, MT (BSRG55 AA00). Selling Price is \$15,098 financed at 0% APR equals 104 bi-weekly payments of \$129 for an 48 month term. \$1,650 down payment required. Cost of borrowing is \$0 for a total obligation of \$15,098. This offer cannot be combined with any other offer. Conditions apply. \*\*MSRP starting from \$9,998 for a 2015 Nissan Micra® 1.6 S, MT (S5LG55 AA00) excluding Freight and PDE charges and specific duties of new tires. \*\$11,398 Selling Price for a new 2015 Micra® 1.6 S, MT (S5LG55 AA00). Conditions apply. \*Models shown \$18,148/\$20,465/\$35,348/\$47,068 Selling Price for a new 2015 Micra® 1.6 SR, 4 AT (S5SG75 AE00)/2015 Versa Note 1.6 SL CVT (B5TG15 AE00)/2015 Rogue SL AWD Premium (V6DG15 BK00)/2015 Pathfinder Platinum (5XEG15 AA10) with subvented finance rates through NCF, not available for cash purchase buyers. \$500 NCF Bonus cash discount included in advertised lease offer, applicable only on the 2015 Versa Note 1.6 S, MT (BSRG55 AA00)/2015 Rogue S FWD (Y6RG15 AA00), CVT transmission/2015 Pathfinder S 4X2 (5XRG15 AA00). \*\*\$1,567/\$1,750/\$1,720, air-conditioning levy (\$100) where applicable, applicable fees (all which may vary by region), manufacturer's rebate and dealer participation where applicable are included. License, registration, insurance and applicable taxes are extra. Lease and finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Retailers are free to set individual prices. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. Offers valid between Nov.1 - Dec. 1, 2014. \*Nissan is the fastest growing brand in the non-luxury segment based on comparison of 12-month retail sales from October 2013 to September 2014 of all Canadian automotive brands and 12-month averages sales growth. Offers subject to change, continuation or cancellation without notice. See your participating Nissan retailer for complete details. \*1998-2014 Nissan Canada Inc. and Nissan Financial Services Inc. a division of Nissan Canada Inc.



### 2015 Volkswagen Jetta

- **Type.** Four-door, front-wheel-drive compact sedan
- **Engines.** 2.0-litre I4 (115 hp), 2.0-litre I4 diesel (140), 1.8-litre I4 turbo (170)
- **Transmissions.** Five-speed manual, 6-speed automatic, 6-speed DSG automatic
- **Price.** \$16,385 base, \$29,785 as tested

### Market position

Previously a premium compact, new generation in 2011 repositioned Jetta as one of the regular compact guys in an effort to boost sales. It worked, but Jetta still trails the perennial chart-toppers: Honda Civic, Hyundai Elantra, Toyota Corolla, and Mazda3. Bigger than most, especially in trunk volume.

### Points

- Mid-cycle revisions for 2015 include a new Passat-like front fascia, with bi-xenon and LED lighting, and active grille shutters.
- Built in Mexico, on same platform as Golf.
- Three very different engine offerings: a venerable and durable 2.0-litre, a new and smooth 1.8-litre turbo with direct injection, or a new and very advanced TDI (diesel).



The Jetta still boasts the largest trunk in its compact sedan class.

### Interesting features

LED lights in headlamp cluster activate when turning corners, to widen your lighting path by 13 more degrees. New standard rear-view camera concealed in trunk latch. New optional safety systems include blind-spot detection, cross-traffic alert, and crash-response system, which alert the driver to take action.

# Performance trumps appearance

PHOTOS: MIKE GOETZ



**Review.** Jetta's looks won't get young fans swooning, but its silky smooth ride will have many drivers crooning

MIKE  
GOETZ  
drive@metronews.ca

Some nameplates present a consistent personality to the world through every generational overhaul. Volkswagen's Jetta is not one of them.

Originally a tidy, premium compact, with a decidedly European and sporty flavour, it became a more mainstream North American product back in 2011, with an overhaul that made it larger and less premium. This was done to bring it more into line with its top-selling rivals, such as the Honda Civic, the Toyota Corolla and the Ford Focus.

In the interim, those and other sedan rivals have been going the other way — offering more premium styling, performance, comfort, features, etc. So VW has been playing catch-up, updating Jetta with a more sophisticated rear suspension and better brakes. As a result, its on-road dynamics are now a positive feature, along with its voluminous interior.

It also got a great new engine option last year: the 1.8-litre TSI four-cylinder with direct injection and turbo-charging. This engine is silky smooth and powerful, and offers very decent fuel economy numbers.

The 2015 Jetta is also the first model to offer VW's new 2.0-litre TDI diesel engine.

Other changes include new front and rear styling updates — including optional headlamp clusters with banks of LEDs that have the ability to shed light around the corner you're entering.



Volkswagen has been gradually upgrading the Jetta's comfortable interior.

The exterior changes won't transform Jetta into an object of vehicle lust — few young auto fans hang posters of Jettas on their bedroom walls. But the chunky and upright body design is very good at other things — like outward visibility and the ability to carry five people in top comfort. Jetta's trunk also continues to be the lar-

gest in this class.

VW has also been gradually upgrading the low-rent interior, which was part of that 2011 redesign. For 2015, a back-up camera is now standard, and buyers can choose to upgrade the cabin with soft-touch materials, ambient lighting, piano-black accents, and a two-tone treatment (ceramique and titan black).

### Compare



**1** Honda Civic  
Base price: \$17,278  
Best selling car in Canada, and always a safe bet.



**2** Chevrolet Cruze  
Base price: \$17,795  
Jetta and Cruze are the only current compacts to offer diesel power options.



**3** Dodge Dart  
Base price: \$16,059  
Another big compact, like Jetta. Good on-road dynamics.

It's an entirely comfortable place, with intuitive switchgear, but it remains a step behind some competitors in the connectivity and infotainment departments. For instance, there is no USB port.

And if you want all the new safety features, you have to go pretty high up on the trim food chain.

The automatic transmission paired with the 1.8 TSI engine is a conventional six-speed, while the TDI is paired with a DSG automatic.

The overall refinement of the TSI pairing greatly contributed to a premium feel, as did the seats.

Overall, I give the 2015 VW Jetta an enthusiastic vote of approval.

# 5 DRIVE



# Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps

## Proposed four-door version of VW's XL1 will still sip fuel

Volkswagen has put a four-door, four-seat version of the XL1 — its hyper-high-mileage laboratory-on-wheels — on the drawing board, says Britain's Autocar magazine. VW might have more in mind for the groundbreaking XL1 than merely mining it for advances to improve the next-generation Golf. Autocar projects that the changes necessary to move the XL1 into four-passenger territory could raise its weight to 940 kilograms from its current 795, with speculation that the rear seats would be staggered, as is the case with the fronts. Crucially, the magazine thinks the extra weight wouldn't greatly change the two-seater XL1's 0.9 L/100 km rating, "with tech tweaks and the aerodynamic benefit of a longer car" largely offsetting the four-door's greater capacity.

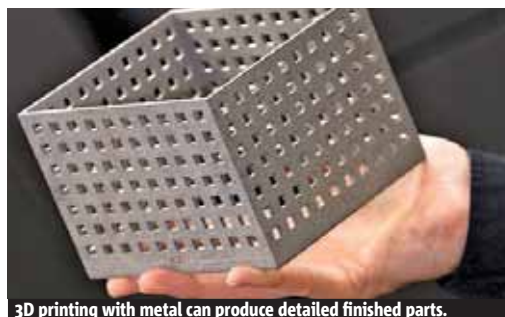
ALL STORIES AND PHOTOS FROM WHEELBASEMEDIA.COM



Although this proposed four-door version of Volkswagen's XL1 weighs more than the two-door, it could still achieve a similar 0.9 L/100 km with tech tweaks and the aerodynamic benefits of a longer car.

## Converting power more efficiently with the aid of 3D printing

A new development at the Oak Ridge National Laboratory in Tennessee could help build electric cars that are more powerful and energy-efficient. A smaller, lighter power inverter marries advances in 3D printing with new semiconductor technology. Power inverters are an essential part of any electric vehicle, explains Gizmag, as they take direct current stored in the battery pack and turn it into alternating current that feeds the motor. The lab also used 3D printing to build about half of the inverter's parts, which allowed the scientists to reduce weight and be more flexible in controlling heat.



3D printing with metal can produce detailed finished parts.

### Shift points

- Porsche's limited-run 918 Spyder plug-in hybrid supercar is almost sold out, despite requiring a \$200,000 US deposit against its \$847,975 price tag. Only 918 copies will be built, and so far, only about 30 have been delivered to buyers around the world, reports Automotive News.
- Nissan entered the commercial zero-emissions vehicle market in October when it launched its plug-in electric e-NV200 van in Japan. It uses technology developed through its first zero-emissions vehicle, the Leaf sedan. No word yet on whether it will come to North America.

**NOVEMBER.**  
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**TOO LONG.**

—  —  
Speed up November  
in a Volkswagen.



### The New 2015 Jetta

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**vw.ca**

\*Lease payments of \$175 on the Jetta must be made on a monthly basis and cannot be made bi-weekly. \$1,000 in credits available on 2015 Jetta gas models (excluding GLI model) to be applied to monthly lease payments. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Jetta 2.0L base model with 5-speed manual transmission and an MSRP of \$16,385. \$1,395 freight and PDI included in monthly payment. 48-month term at 1.9% APR. \$0 down payment, \$230 security deposit and first monthly payment in excess of payment credits (if applicable) due at lease inception. Total lease obligation: \$8,400. 64,000-kilometre allowance; charge of \$0.15/km for excess kilometres. Fees related to registration at the RDRPM (\$46), licence, insurance, registration, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end December 1, 2014 and are subject to change or cancellation without notice. Model shown: 2015 Jetta 1.8T Highline, \$25,990. Vehicle shown for illustration purposes only. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design" and "Jetta" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.



## L.A. auto show. Volvo plans to unveil a more rugged version of its V60 SUV

Where better than the world's biggest SUV and station wagon market to unveil a new car that attempts to combine the best of both?

Volvo has chosen the upcoming L.A. auto show to unveil its V60 Cross Country, a more rugged all-wheel-drive take on the standard sports wagon.

As well as sending just the right amount of power to each of the car's wheels to get out of sticky situations, the Cross Country has much better ground clearance for heading off the beaten path, plus front and rear skid plates and extended bumpers for added protection.

Other touches include integrated exhausts, which don't just look cool, but ensure that pipes and mufflers don't snag

on rocks or other objects. Likewise, side scuff plates will keep the paint job looking pristine longer, protecting it from stone chips and supermarket mishaps.

"With ground clearance increased by 65 millimetres compared to the V60, the Cross Country's sturdy construction offers unparalleled control on and off the beaten track, coupled with an enhanced sporty driving experience thanks to torque vectoring technology and corner traction control," said Lex Kerssemakers, Volvo's senior vice-president or product strategy. "The V60 Cross Country really is a getaway car — enabling an adventurous lifestyle in pure rugged form."

Inside, the car has leather-trimmed sport seats and con-

trasting stitching.

In terms of power and performance, the car will be offered with a choice of torquey diesel engines, the pick of which is a 179-hp four-cylinder turbo.

Volvo will start taking orders in early 2015 and expects to deliver the first models in June. **AFP**



**The Cross Country V60 has much better ground clearance, plus front and rear skid plates and extended bumpers.** AFP



**The 911 Carrera GTS will be offered in four versions: coupe or convertible, and with and without all-wheel drive. AFP**

## L.A. show. Porsche set to release GTS versions of 911 Carrera and Cayenne

At this month's L.A. auto show, in addition to the Cay- tures Porsche Active Suspension Management (PASM).

enne GTS, Porsche will officially present the latest version of the 911 Carrera GTS, which is slated to go on sale before the end of the year.

This second-generation 911 Carrera GT is offered in four versions (coupe or convertible, with and without all-wheel drive) and comes closer than the first to the track-going 911 GT3.

With its 430-hp engine, the sports car boasts 0-to-100-km/h acceleration in just 4 seconds (4.2 seconds for the convertible) and a top speed of 300 km/h.

tures Porsche Active Suspension Management (PASM).

Drivers can also take advantage of the Sport Chrono Package, which includes special dynamic engine mounts and other performance-focused features. Bi-xenon headlights and a special sports exhaust are also available.

The Carrera GTS Coupe will start at \$115,195 US, and the Carrera GTS Cabriolet at \$127,095. The all-wheel-drive models start at \$121,895 and \$133,795, respectively.

The new sports cars are due to arrive at dealerships in late November, just after premiering at the show.

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From the initial electrostatic coating to the final clear coat over the paint, a vehicle's finish can be many layers deep. FORD

# Just to be clear here, that's the final coat

**Driving Force.** The shiny surface of modern vehicles is composed of several layers of paints and protective materials

**JILL MCINTOSH**  
drive@metronews.ca

People commonly say a car has a "coat of paint," but there's a lot more to it than that. That shiny surface is actually several separate coats, all of which add special properties to the final finish.

"When you look at a car, what you're typically touching and feeling on the majority of them is clear coat," says Bill Suzuki, technical service representative for 3M's automotive aftermarket division. "It's a clear paint that's made to enhance the gloss of the colour and maintain better UV stability to guard against dulling."

Steel for the car's body comes into the factory already galvanized, but the automaker will add an electrostatic coating, "which is the primary defence against the steel corroding," Suzuki says.

The next coat is primer. It provides some protection

itself, but its main purpose is to create a uniform surface for the paint.

Some of the car's lower parts, such as the rockers under the doors, may be sprayed with a rubberized undercoating that's known as rock guard. Applied over the primer, but under the paint, it helps protect the car from rocks and gravel thrown up by the wheels.

The next stage is the paint, which gives the car its colour. On older vehicles, this used to be the final coat. It was known as single-stage paint and it gave the car both its colour and its glossy finish, but was prone to oxidation and weathering.

On a hot day, especially with red paint that was a few years old and oxidized, touching the car could often stain your hand.

On today's cars, the paint is dull after it's dried and heat-cured, and that final clear coat gives the finish its shine. Depending on the colour, the car may need a few different coats of paint under the clear coat, which can give it a pearlescent sheen.

If the car is damaged and needs to be repainted, the body shop has to repair the finish to match the rest of the paint. Good preparation is essential: not only does any bodyfiller have to be sanded

## Paint protection

- Some colour fading does happen over time, and repair shops have to match the new paint to the old. Some paint manufacturers have optical machines that will read the car's surface and determine the new paint's formula.
- Companies such as 3M make urethane paint-protection films and sprays, sometimes called clear bras, that adhere to the car to protect the finish.
- Keeping the car clean and waxing it regularly will help the paint stay shiny longer.

absolutely smooth so the panel looks straight, but the layers of primer, paint and clear coat have to match and adhere to the existing paint.

"We sand areas to be painted because it increases the surface area for the paint to grab onto," Suzuki says.

"If it's not scuffed, you could get into problems with paint adhesion. You have to make the panel look a lot worse before you make it look better."



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# Fast and capable, but is it V-worthy?

**Special delivery.** New Cadillac CTS Vsport is bigger, but less powerful, than its V-tagged predecessor

**JEFF  
MELNYCHUK**  
wheelbasemedia.com

I know I'm supposed to like this car. I liked the old CTS a lot, so it just makes sense to like the new one.

But with the new ATS also in the family as the entry model, the CTS has grown a bit in size and price. Those are two things about the new car that I really don't like.

Growing a bit larger gives the impression the car is fatter and lazier than before. That's subjective, but what has me rather intrigued is the Vsport name. There's no getting around comparing it to the previous CTS-V. The V in the name is a promise of big and impressive things.

Or is it? Yes, the twin-



The CTS Vsport's V6 makes 420 hp, but that's nowhere near the 556 that was in the previous CTS-V. [WHEELBASEMEDIA.COM](http://WHEELBASEMEDIA.COM)

turbo 3.6-litre V6 makes 420 horsepower, but that's nowhere near the 556 that was in the previous CTS-V, which was also smaller and a more athletic-looking car, with the fender lips stretched over the wheels, like a dentist prying at your cheek for a root canal.

Do a walk-around and it looks like the CTS Vsport is in

fact two different cars sewn together at the midpoint. The front is as fantastic and stunning as the tail end is plump, with its chunky C pillar and rather long overhang.

And the 18-inch wheels and tires look, well, puny on a ride this big.

The inside is interesting, since it's a cozy fit for a car

that projects quite a bit more size than before. It's about 10 cm longer than the old CTS, with much of that room benefitting rear passengers.

As for the instruments, there actually are none. Everything — and I mean everything — appears on a display screen. You can imagine the design flexibility

this provides and I expect this will become the way of the world in the next few years. Here, there are four gauge layouts to choose from.

There's plenty of quality work inside with a mish-mash of carbon-fibre trim, suede, shiny plastic, leather, chrome and various stitching techniques.

The mostly buttonless center stack is instead adorned with touch-sensitive controls, which have slowish reaction speed and will require removing gloves in winter to operate. Me, I like old-school buttons.

But the real question is whether this car lives up to the V in its name. With its standard eight-speed automatic transmission, it runs to 100 km/h in about 4.7 seconds, and corners somewhere around 0.95 Gs, which is in sports-car territory.

The throttle response is nowhere near the CTS-V's, with its supercharged Corvette engine. That's to be expected, but the twin-turbo V6 is also better on fuel if you

## Eyes front

- **Wow.** Front styling, front light show, muscle-y looking front — there's a theme here. Smooth power, fake gauges that look like the real thing, rear-seat leg room, surprising turning grip.
- **Hmm.** Rear wheels too far forward, so-so rear styling, wheels look small, touch-sensitive centre stack goes too far, \$25,000 more than the base CT5?

drive in a civilized manner (13.5 L/100 km city and 8.4 highway).

The ultimate question might not even be up to the Vsport to answer, since a higher-performing model is apparently in the works.

And that's a load off for the Vsport, which can instead just be a fast and capable \$76,000 family sedan.

[illegible]

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The F-Type R Coupé with all-wheel drive has broken cover in South Africa's Hakskeen Pan desert. AFP

## L.A. auto show. Jaguar unveils AWD version of F-Type in desert speed test

After months of speculation, Jaguar has confirmed that a new version of its flagship coupé will be making its debut at the L.A. auto show.

The F-Type R Coupé with all-wheel drive has broken cover in South Africa, where it is being used as a high-speed communications car assisting with the Bloodhound SCC's at-

tempt to set a new land-speed record of 1,000 m.p.h. (1,600 km/h).

On the relatively soft surface of the Hakskeen Pan desert in the Northern Cape of South Africa, four-wheel drive is a necessity, and Jaguar claims the new car is 0.2 seconds faster off the mark — 0 to 96 km/h in just 3.9 seconds — than its two-wheel drive counterpart.

But it says the AWD F-Type will still feel like a rear-wheel drive car, and that's a good thing. As useful as all-wheel drive is at keeping a car on the road, it can alter a vehicle's handling characteristics — and one of the F-Type's biggest selling points is its old-school sports-car feel.

"Our target with engineering the all-wheel-drive F-Type was to maintain the engaging rear-drive character that's so important to Jaguar sports cars, yet offer even greater dynamic capability," said Ian Hoban, vehicle line director for Jaguar. "The result is a controllable, exploitable and blisteringly fast performance car in all weather and road conditions."

As well as offering an all-wheel-drive version of the 5-litre supercharged V8 R Coupé, Jaguar is expected to extend the F-Type range with more engine choices, potentially including a four-cylinder version that could make the car more accessible to more owners. AFP



The Quadro4 scooter has a hydraulic tilting system that maintains the optimal weight distribution, making it easy to drive. AFP

## Urban transport. First scooter with four wheels unveiled at Milan show

The world's first scooter with four wheels was unveiled in Milan this week.

With its emphasis on comfort and safety, the Quadro4 offers a new urban mobility option for those who may be wary of riding traditional two-wheel scooters.

The scooter is powered by a new 346cc, liquid-cooled, single-cylinder, four-stroke engine. With 30 horsepower and a range of around 300 km, the engine has an integrated differential and balance shaft for reduced vibration.

However, the star feature of the Quadro4 is its unique oleo-pneumatic tilting suspension, patented as the Hydraulic Tilting System (HTS).

The technology contributes to optimal weight dis-

tribution in all driving conditions, at the front and the rear, while also lowering the vehicle's centre of gravity.

As a result, even riders unaccustomed to two- or three-wheel scooters should feel perfectly at ease on the Quadro4.

The scooter also has two 12-volt power outlets, one under the seat and the other under the handlebars.

Slated to go on sale in spring 2015, the Quadro4 will be available in four colours (Swiss Red, Titanium Grey, Snow White, and Raw Black), along with a range of dedicated accessories.

Pricing details have not been announced.

To see the scooter in action, go to youtube/115KKvd5qVQ.

AFP



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# A winter wonder car, but avoid older T6

## Second gear.

2003 to 2014  
Volvo XC90

JUSTIN  
PRITCHARD  
drive@metronews.ca

Volvo's XC90 began its life more than a decade ago as the brand's first SUV. After years of facelifts and tweaks to the same basic platform, an all-new model is now launching.

This sports ute is a confident winter performer, thanks to a heavy and locked-on steering feel; a great on-demand AWD system; a great forward view; and overall, a sense that the chassis, steering and suspension were carefully calibrated against one another for a confident and stable feel on slippery surfaces.

Featured content includes automatic lights, climate control and wipers, an up-level stereo system, push-button start, heated leather and a power tailgate. Look for units with two or three seating rows, blind-spot monitoring and adaptive xenon lights.

### Common Issues

The most discussed issue on a used XC90 is transmission failure on models with the T6 engine, which was discontinued in 2007. In many cases, the transmission was replaced under warranty, but it's best to simply avoid the T6. The newer engines have no concerns.



CONTRIBUTED

Be sure to cycle the key between On, Run and Start, several times, confirming that the key moves with ease. Any hesitation or failure to start could be a precursor to ignition switch failure.

Other sporadic issues include malfunctioning high-beams or rear wipers, and a possible water leak caused by the AC system that can result in a soggy passenger footwell.

Finally, get your mechanic to inspect the transmission and rear differential for signs of fluid leakage.

### What owners like



Owners praise the great up-level stereo system, a feeling of tremendous safety and security, good build quality, high-utility design, and good handling in any weather. Most say the XC90 SUV handles like a luxury sedan.

### What owners dislike



Owner complaints centre around fuel consumption, along with other gripes about large blind spots, a plasticky cabin in some models, and less-than-exciting performance on models with the smaller engines.

### Engines



Standard on newer models, and strongly advised, is the 3.2-litre, 235-hp straight-six engine. Available was a gorgeous, Yamaha-built 4.4-litre V8 with 311 hp. Pre-2007 models had turbocharged 5- and 6-cylinder engines, referenced by a T5 or T6 badge.

### The verdict

For an SUV with a strong feeling of safety and confidence, a newer XC90 with the 3.2-litre engine and a full record of all servicing should satisfy. Avoid the earlier T6 models for maximum peace of mind.

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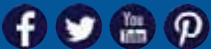
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## AUGMENTED REALITY

**Stuck on 12 Across?**  
**Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**



→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries

**March 21 - April 20**

If you keep an open mind about a money matter you will see opportunities others are likely to overlook. You will be surprised how easy it is to turn a profit.

### ♉ Taurus

**April 21 - May 21**

The pressure is beginning to mount. You feel there are things in your life that need to be changed, and you are right. If you cannot change them yourself, fate will do it for you.

### ♊ Gemini

**May 22 - June 21**

The longer you allow something that annoys you to continue the worse it will get, so speak up and, if necessary, provoke a showdown.

### ♋ Cancer

**June 22 - July 23**

Are you happy with who you are and what you are doing with your life? If so, why are you so concerned what other people think about you?

### ♌ Leo

**July 24 - Aug. 23**

You worry that you are being forced to move in a direction you don't want to go. In which case you have no alternative but to dig in your heels and refuse to budge another inch.

### ♍ Virgo

**Aug. 24 - Sept. 23**

Trivial issues will bother you less over the next 24 hours, and as Mercury, your ruler and planet of the mind, is linked with Neptune in a positive way your imaginative powers will soar.

### ♎ Libra

**Sept. 24 - Oct. 23**

The answer to a problem will become crystal clear today. You may have to pay out more than you expected but it's worth it if it sets you free.

### ♏ Scorpio

**Oct. 24 - Nov. 22**

You can apparently talk your way out of any difficult situation at the moment. Be that as it may, don't say things you know are not true for the fun of it.

### ♐ Sagittarius

**Nov. 23 - Dec. 21**

Your problem seems to be you are trying to do everything at once. The kind of changes you envisage will take a long time to bring about, so pace yourself.

### ♑ Capricorn

**Dec. 22 - Jan. 20**

Whatever you do today don't lose your temper, even if you have a right to be annoyed. You will be able to express yourself in a more positive fashion on Friday and over the weekend.

### ♒ Aquarius

**Jan. 21 - Feb. 19**

Sometimes you have to take centre stage when the cosmic script calls for it, and it is calling for it today. Let everyone see who you are, what you believe in and what you can do.

### ♓ Pisces

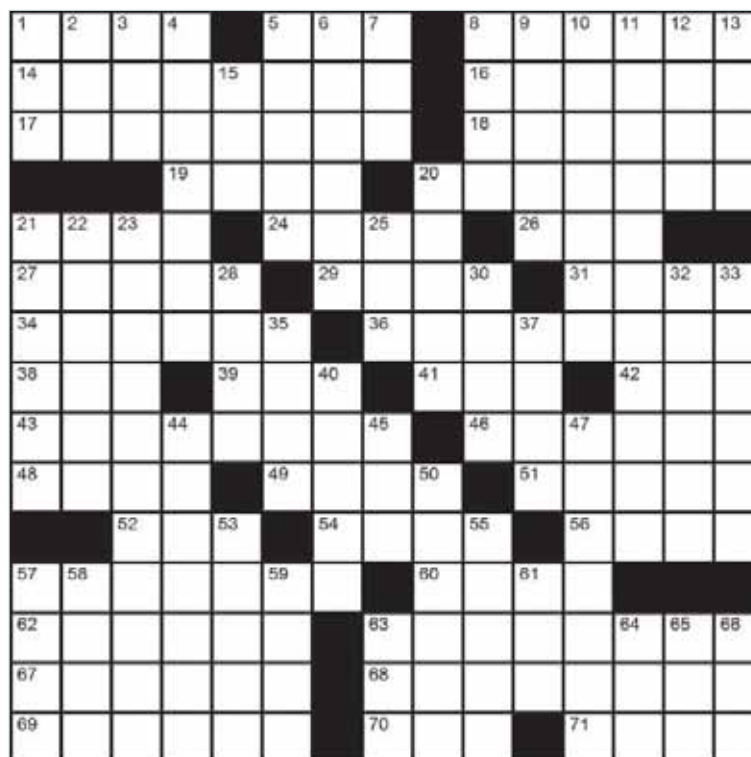
**Feb. 20 - March 20**

It's OK to change your opinion in the light of new information and with mind planet Mercury strong in your chart you will find it easy to update your views. But don't change every few hours.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Additionally
5. Mozart opera, L' \_\_\_ del Cairo
8. Community 'In the Heart of Yukon's Southern Lakes'
14. Office desk item
16. Record label Clive Davis founded
17. Shaken
18. Not as shiny
19. Ancient war god
20. Ship stabilizer
21. Complain
24. Writer Roald
26. German article
27. \_\_\_-ski
29. Chimney locale
31. "Manifesto 14" (Produced by Clams Casino) by Vancouver rapper \_\_\_
34. Lime \_\_\_ (Bar drink)
36. Ancient statue of Rhodes
38. Explosive letters
39. My Name Is Asher \_\_\_ (Chaim Potok novel)
41. Blueprint
42. \_\_\_-for-tat
43. Valuable item kept in the family
46. Protective shoe covering
48. \_\_\_ iris (Rainbow, in Spanish)
49. Avec: English
51. Company's new staff addition
52. Small dog
54. Gladiator's 57
56. Mini military man



57. 1990 to 1996 Canadian show, "Road to \_\_\_"
60. Memo
62. Manitoba town
63. Was present
67. Med. line-to-the-patient: 2 wds.
68. Sneezer's ailment:

- 2 wds.
69. Evening prayer bell
70. Promos
71. Give off

### Down

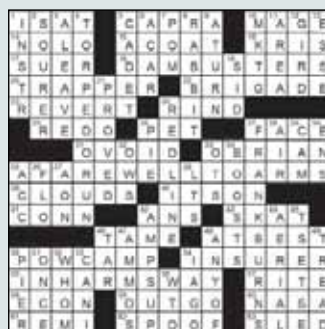
1. Music honour, e.g.

2. Chopped tree segment
3. Fashion designer Anna
4. 'Canada's Polka King', Walter \_\_\_
5. Selected
6. Conqueror of Gaul
7. Supplement

8. "There you have it!"
9. As \_\_\_ (Usually)
10. Winnipeg-born actor Daniel of CTV's "Saving Hope"
11. Atlantic Division team in the National Basketball League of

- Canada: 2 wds.
12. Jeanne d'Arc, et al.
13. Rodgers and \_\_\_ (Broadway composers)
15. Stud locale
20. Flower
21. Lifestyle maven Ms. Stewart
22. Opinion-giver
23. Manitoba's Churchill ...and Russia's Murmansk: 2 wds.
25. Ad \_\_\_ committee
28. Hawk
30. Ensign
32. Costumed
33. Bible book
35. "Ouch!"
37. Moonfish
40. "Presto!"
44. Herd: 2 wds.
45. Music channel
47. Driver's need
50. Intimated
53. The \_\_\_ (Area of Ottawa)
55. Bits
57. Tel \_\_\_, Israel
58. "\_\_\_ Le Rock" by Adam Ant
59. Punny power
61. Mr. Danson
63. "Gotcha!"
64. Mr. DeLuise
65. Yalie
66. Old bug spray

## Monday's Crossword



## Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



## Conceptis Sudoku by Dave Green

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Monday's Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 5 | 2 | 8 | 4 | 6 | 9 | 3 | 1 |
| 1 | 6 | 4 | 2 | 9 | 3 | 5 | 8 | 7 |
| 3 | 9 | 8 | 1 | 7 | 5 | 6 | 2 | 4 |
| 6 | 2 | 9 | 4 | 8 | 7 | 1 | 5 | 3 |
| 8 | 4 | 1 | 3 | 5 | 9 | 2 | 7 | 6 |
| 5 | 3 | 7 | 6 | 2 | 1 | 4 | 9 | 8 |
| 2 | 7 | 6 | 5 | 1 | 8 | 3 | 4 | 9 |
| 9 | 1 | 5 | 7 | 3 | 4 | 8 | 6 | 2 |
| 4 | 8 | 3 | 9 | 6 | 2 | 7 | 1 | 5 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 9 | 5 | 8 | 1 | 4 |   |   |
|   | 4 |   |   |   |   |   | 8 |   |
| 5 |   |   |   |   |   |   |   |   |
| 4 |   |   |   |   |   |   |   |   |
| 7 |   |   | 5 | 2 | 6 | 1 | 8 |   |
| 8 |   |   |   |   |   |   |   | 7 |
| 3 |   |   |   |   |   |   |   | 5 |
|   | 1 |   |   |   |   |   | 6 |   |
|   |   | 4 | 2 | 1 | 3 | 8 |   |   |

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